

2017.04.16 磁振造影進階專業課程

回音平面與擴散加權影像

Echo Planar Imaging (EPI) & Diffusion weighted imaging (DWI)

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台北慈濟醫院
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本次課程內容

- 基本MR回顧與SE和GRE脈衝序列圖 (Pulse sequences diagram)
 - Slice selection encoding (Gz)
 - Frequency encoding (Gx)
 - Phase encoding (Gy)
- 回音平面造影(Echo Planar Imaging (EPI))
- 擴散加權造影原理(Principle of Diffusion Weighted Imaging (DWI))
- 擴散加權造影應用(Application of Diffusion Weighted Imaging (DWI))

Reference:

1. MRI The Basics (3rd) (Chapter 22: echo planar imaging)
2. MRI IN PRACTICE(4th) (Chapter5: pulse sequences)
(Chapter12: functional imaging techniques)
3. S Mori and J Zhang, Encyclopedia of Neuroscience, 2009.
4. S. Heiland, imaging decisions, 2003.

Diffusion Tensor Imaging (DTI)
S Mori and J Zhang, The Johns Hopkins University, Baltimore, MD, USA
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Diffusion- and Perfusion-Weighted MR Imaging in Acute Stroke: Principles, Methods, and Applications
S. Heiland
Division of Neuroimaging, Department of Neurology, University of Heidelberg Medical Center, Germany

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看圖說故事時間

- 自願或抽簽請一位學員上台看影像，並大聲地說出為什麼!!
 - 這些影像分別為那些加權影像?
 - DWI影像中那個b-value最大?
 - MRI影像中那一組是較新的梗塞?
- 你有兩次求救機會!!
 - 你可以指名一位學員回答一個問題
 - 你可以請全班學員舉手表決一個問題

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基本MR回顧:

- 磁場 → 磁化現象
- RF脈衝 → 磁化量激發
- 梯度磁場 → 切面選擇
- 梯度磁場 → 空間編碼(相位編碼、頻率編碼)
- 信號取樣 → 接收線圈取樣頻率
- 影像計算 → FOURIER轉換

B_0

M

ω

Z

x

y

$M_z = M$

$M_{xy} = 0$

RF

Z

x

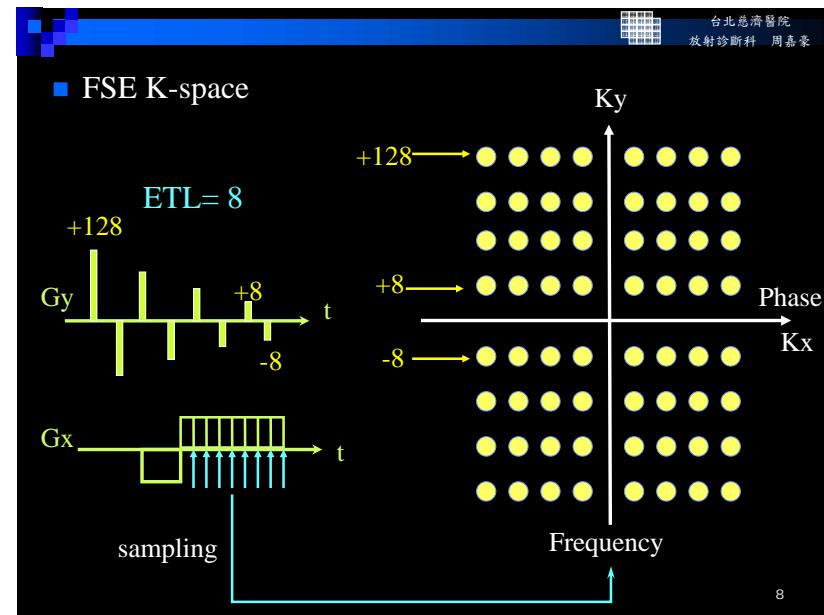
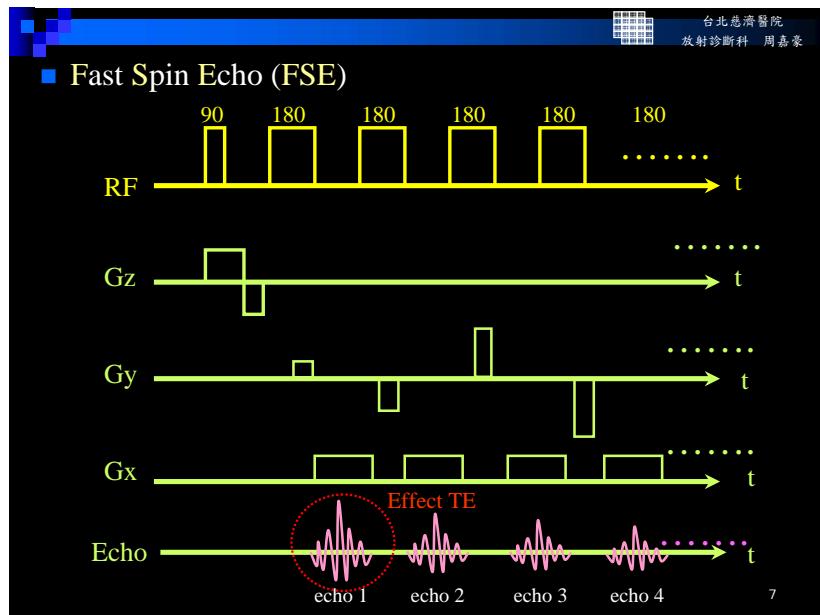
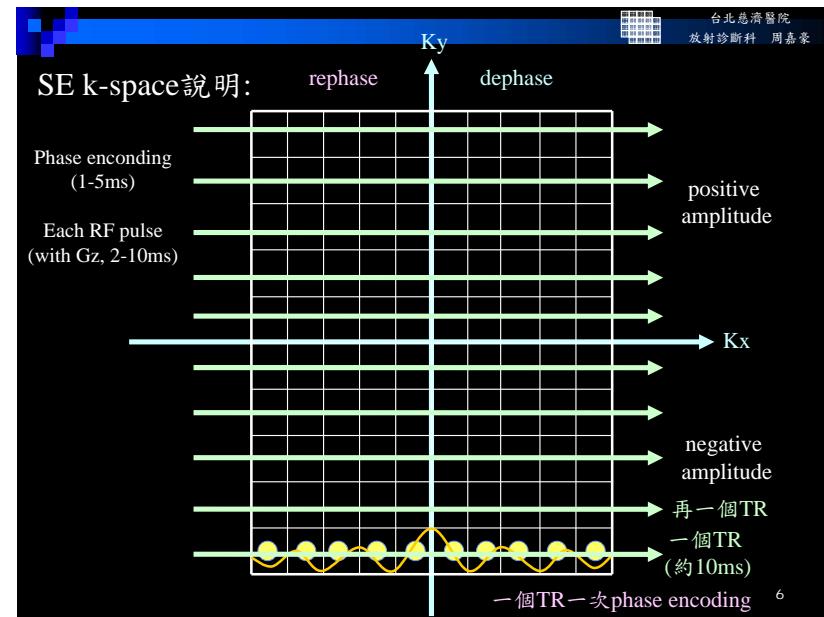
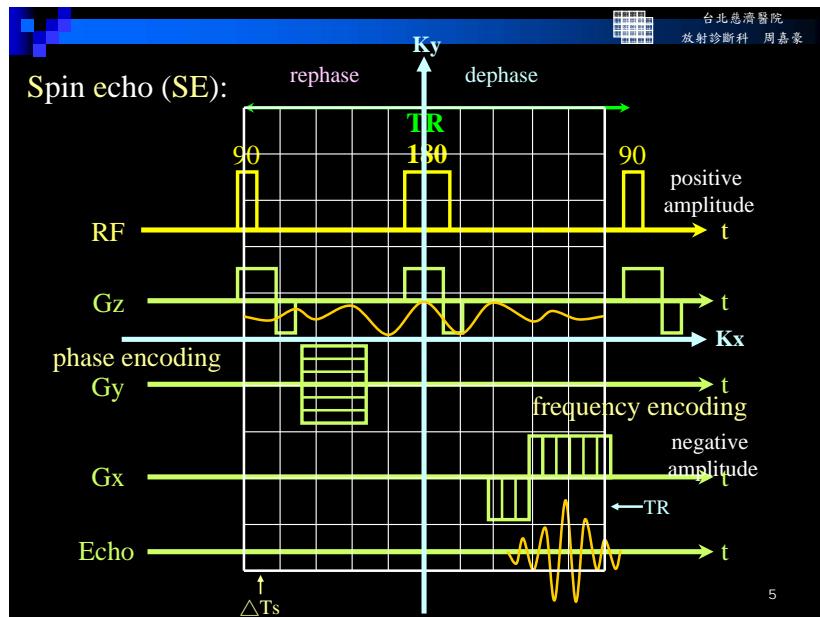
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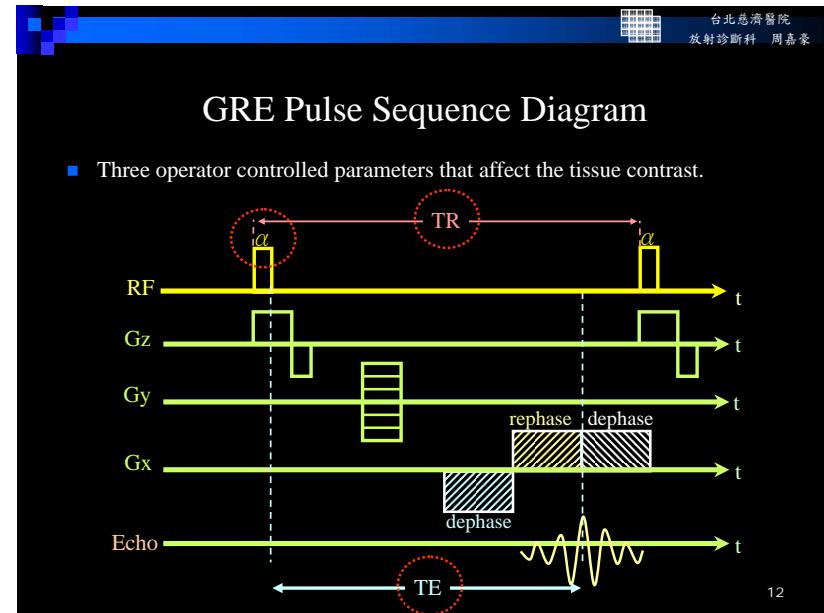
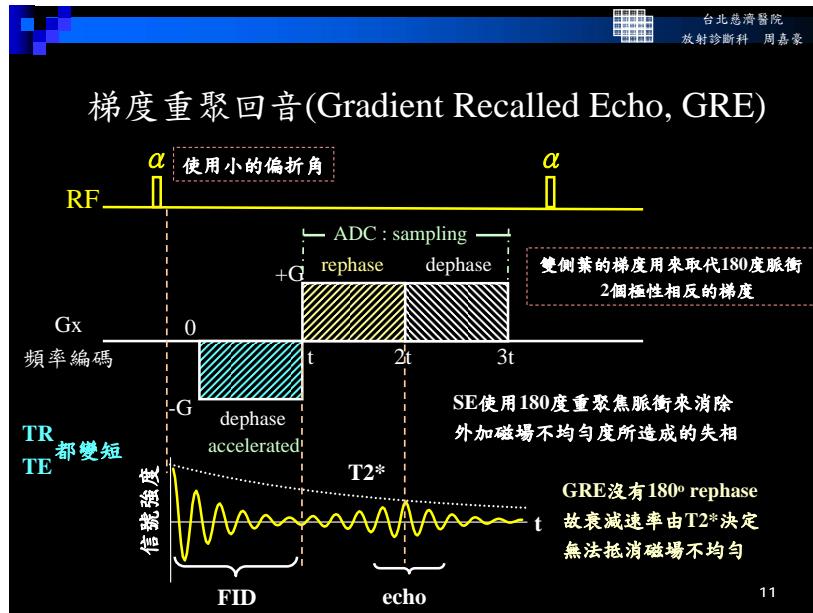
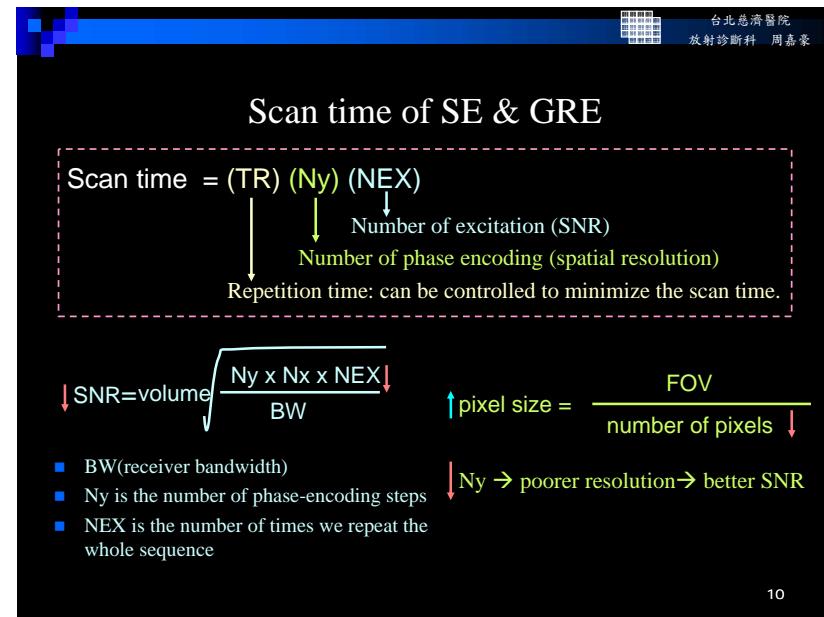
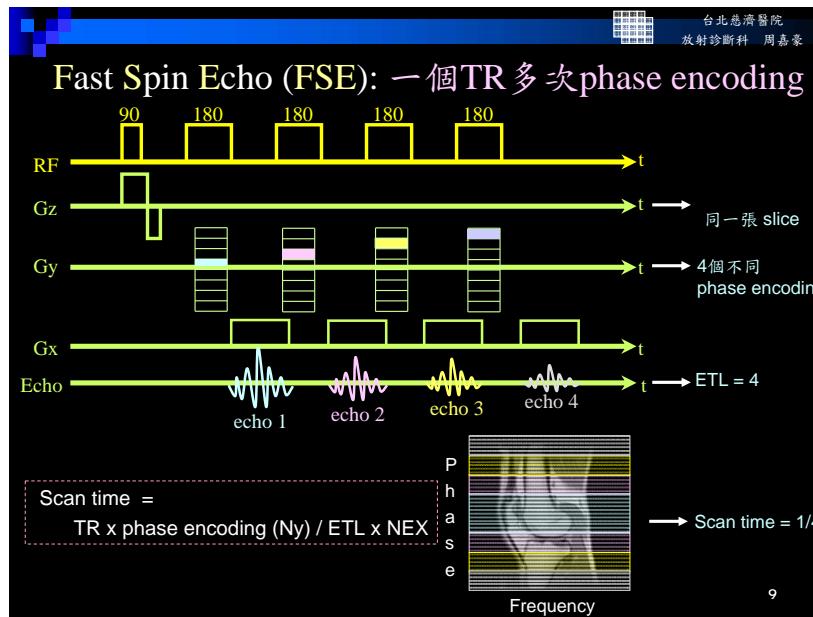
RF receive

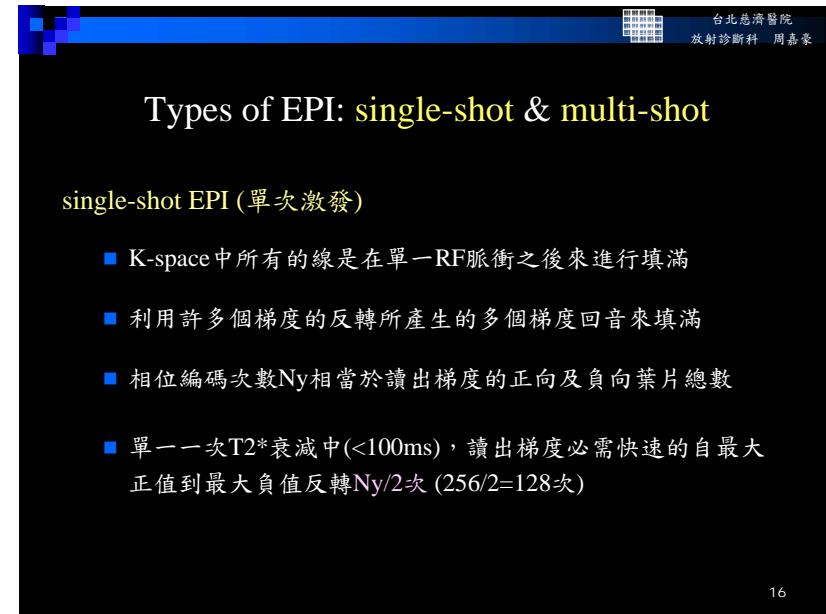
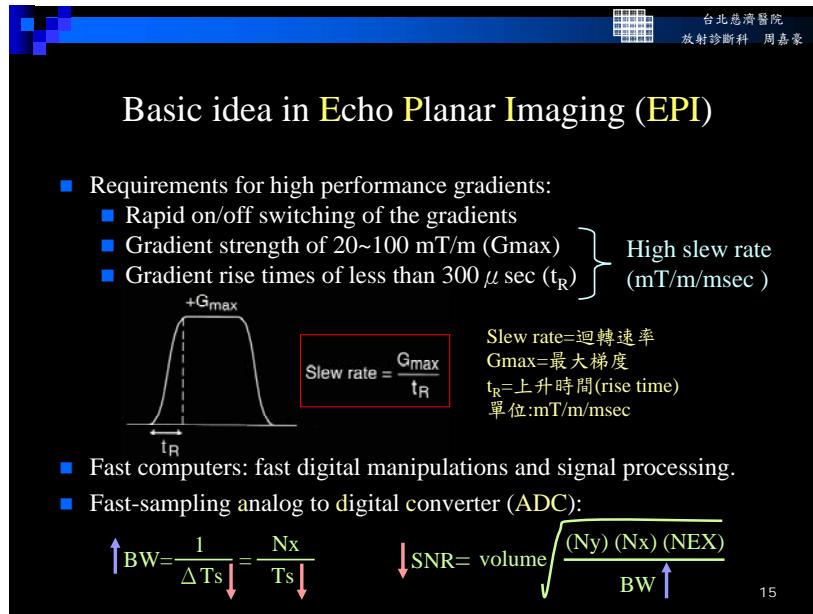
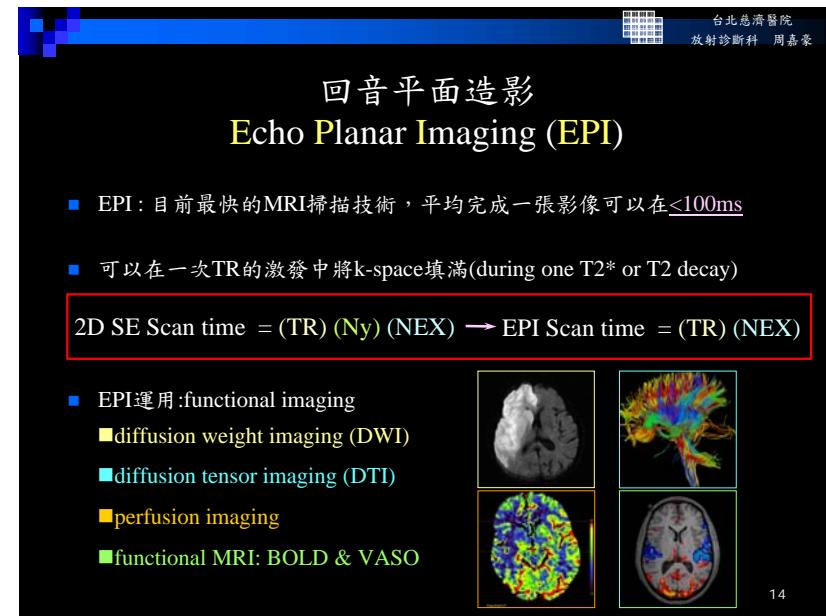
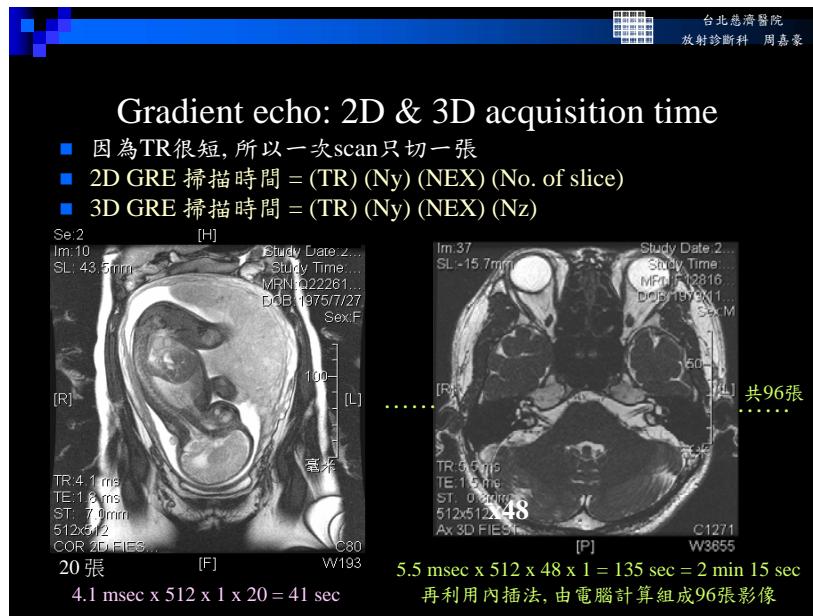
FT

(A) Axial MRI scan of a brain.

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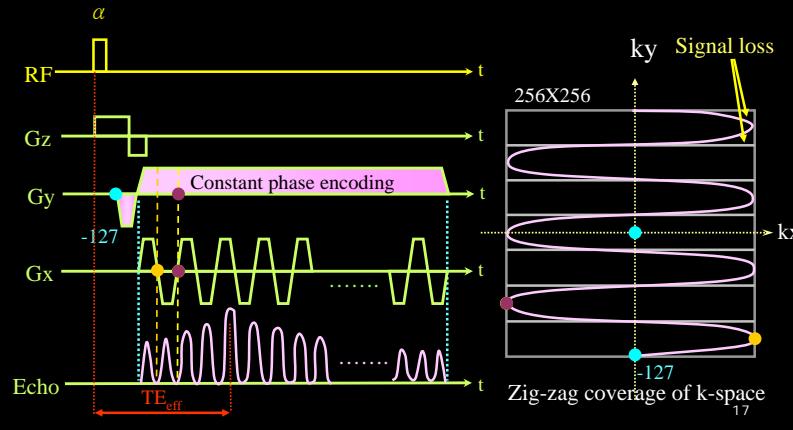






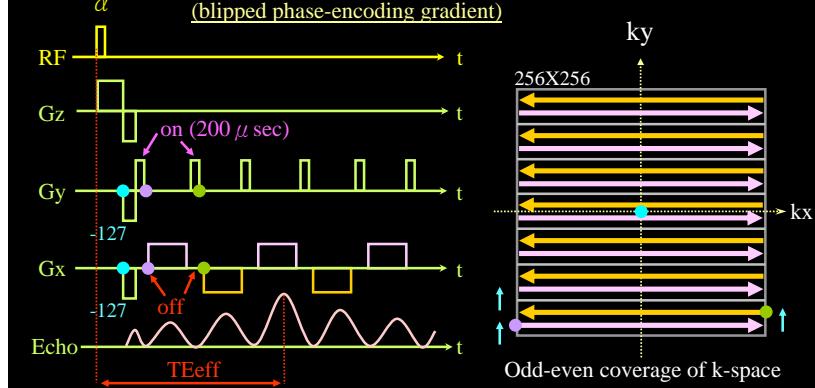
single-shot EPI (單次激發EPI)

Original single-shot EPI: (constant phase-encoding gradient)



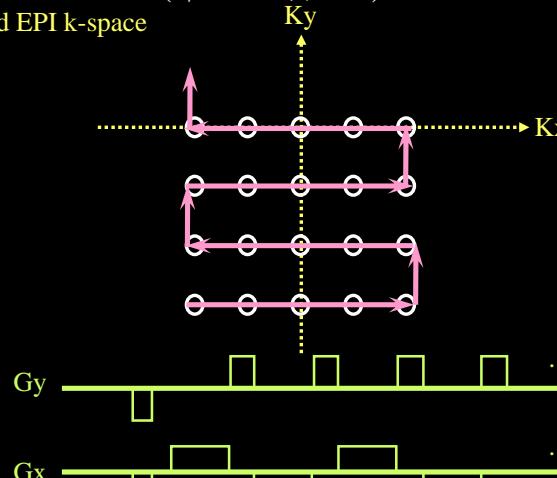
single-shot EPI (單次激發EPI): blipped EPI

- blipped EPI: readout gradient為零的時候，在k-space中kx軸的兩端短暫的施加phase encoding gradient(200 μ sec)(施加Ny次) (blipped phase-encoding gradient)



single-shot EPI (單次激發EPI)

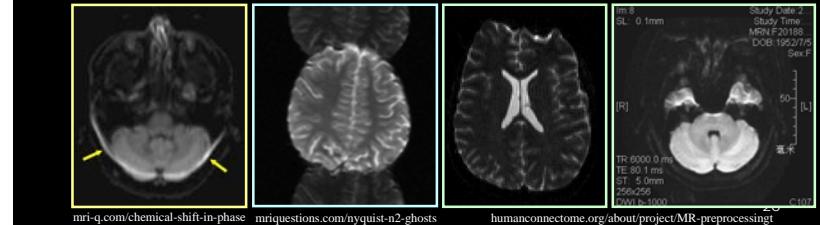
blipped EPI k-space



*改編自鍾教授ppt

single-shot EPI (單次激發EPI): artifacts

- 任何的相位錯誤會延伸到整個k-space
- Chemical shift artifacts: 質子共振頻率的差異(fat & water)，造成沿著相位編碼的錯置 (remedy: apply fat suppression)
- N/2 Ghost artifacts: eddy currents、不完美的梯度、磁場的不均勻或odd-even回音之間時間不協調所造成 (remedy: proper tuning & shim)
- Magnetic susceptibility artifacts: paranasal sinuses附近空氣/組織的交界處 (remedy: apply multishot EPI)

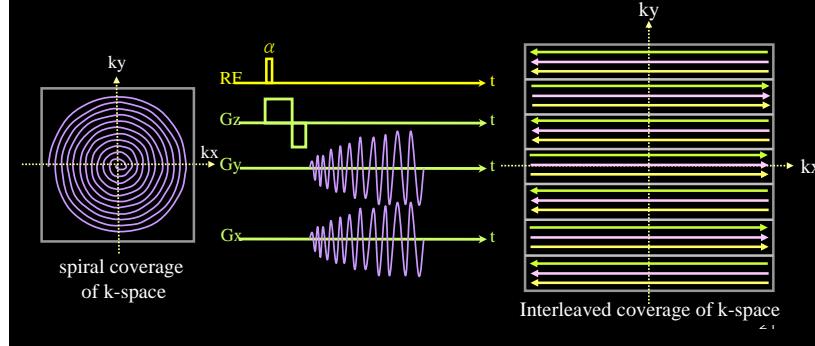


Multi-shot EPI (多次激發EPI)

multi-shot EPI (多次激發) (also called segmental EPI)

- 讀出資料被劃分成多次激發或部分(Ns), k-space分成多次的擷取

$$Ny = Ns \times ETL \quad (\text{ETL: Number of lines in each segment})$$



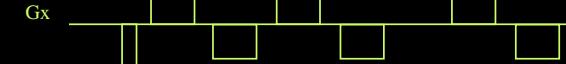
Scan time in EPI (single-shot & multi-shot EPI)

Scan time:

$$\begin{aligned} T (\text{single-shot EPI}) &= ESP \times Ny \times NEX \\ &= TR \times NEX \end{aligned}$$

$$\begin{aligned} T (\text{multi-shot EPI}) &= TR \times Ns \times NEX \\ &= TR \times Ny/ETL \times NEX \end{aligned}$$

ESP :echo sampling period



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Advantages of multi-shot EPI (compared with single-shot EPI)

Multi-shot vs. single-shot EPI

Advantages

- Less stress on the gradients
- Phase errors have less time to build up compared with single-shot EPI
- Reducing diamagnetic susceptibility artifacts

Disadvantages

- Multi-shot EPI takes longer to perform than does single-shot EPI
- Multi-shot EPI is more susceptible to motion artifacts

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Contrast in EPI

- EPI對比取決於「根」脈衝序列 ("root" pulsing sequence)
- MR影像的對比還是取決於TR、TE、 α°

Contrast in EPI

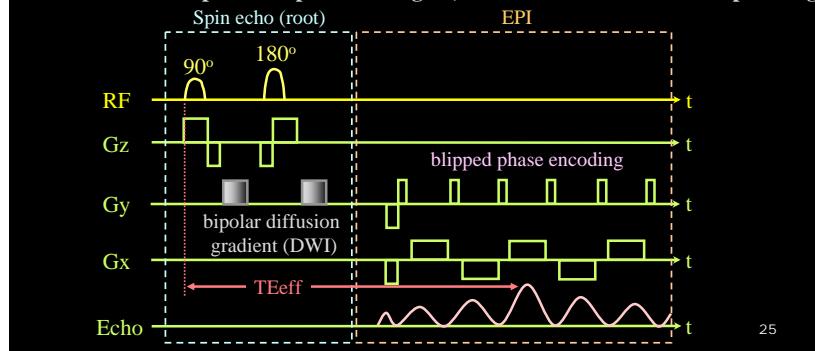
SE-EPI ($90^\circ-180^\circ$ -EPI): 提供T1與T2加權的對比 GRE-EPI (α° -EPI): 提供T2*加權的對比 IR-EPI ($180^\circ-90^\circ-180^\circ$) (inversion recovery): 提供T1對比

- EPI對影像的對比影響不大，but.....
- Negative gradient開的強弱會影響TEeff
- 類似FSE是個mix的訊號

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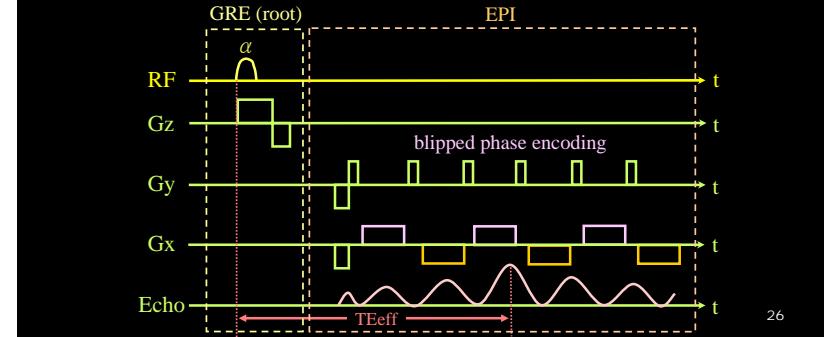
SE-EPI (90°-180°-EPI)

- 利用一個180° RF來克服外加磁場不均勻(inhomogeneities)
- 提供T1和T2加權
- SE-EPI的對比是由180° RF的rephase time決定
- DWI: “fixed position” proton no signal, diffusion & motion more dephasing



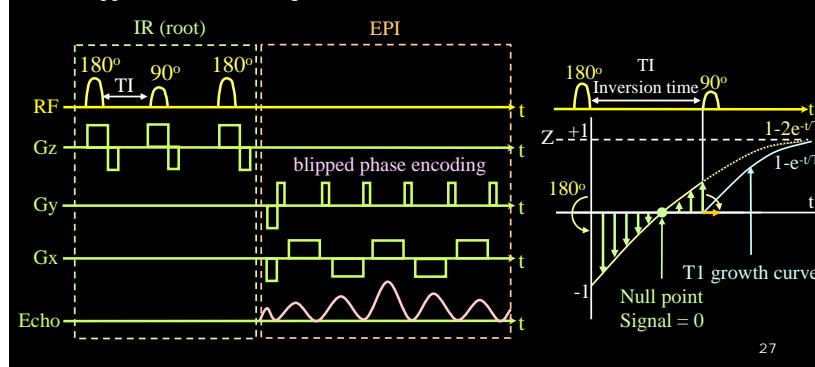
GRE-EPI (α -EPI)

- 沒有用到180° RF pulse (susceptibility effect & chemical shift effect存在)
- 提供T2*W影像，faster imaging speed > SE-EPI
- GRE-EPI的對比是由negative phase gradient 偏移和EPI readout 時間決定
- Dynamic imaging: perfusion imaging, cardiac cine imaging



IR-EPI (180°-90°-180°)

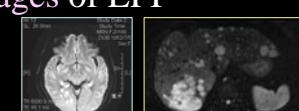
- 施加一個180°的反轉前置脈衝於SE之前(IR: inversion recovery)
- 提供T1加權對比(Heavy T1W)
- Suppression of tissue signal : STIR (for fat) & FLAIR (for water)



Advantages & disadvantages of EPI

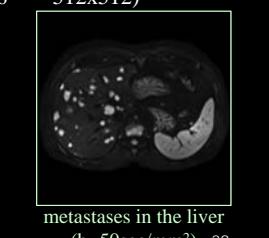
Advantages

- 100ms or (32~50ms)/slice
- 腦部DWI造影(觀察水分子擴散)，急性CVA的診斷很有幫助 REVEAL + PACE
- 運用在functional 、dynamic perfusion、Cardiac & respiratory motion等...
- 減少motion artifacts (motion free)的情況下獲得PDW、T1W、T2W和T2*W
- resolution能在有限的時間內去進行改善(256x256 → 512x512)



Disadvantages

- Fat suppression (減少chemical shift)
- 快速的梯度on/off可能造成“electric shock”
- phase error的產生(運用multi-shot EPI來改善)
- 磁場的均勻度和軟硬體的設備都有較高的要求



From:www.healthcare.siemens.com/magnetic-resonance-imaging

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 - ✓ Frequency encoding (Gx)
 - ✓ Phase encoding (Gy)
- ✓ 回音平面造影(Echo Planar Imaging (EPI))
 - 擴散加權造影原理(Principle of Diffusion Weighted Imaging (DWI))
 - 擴散加權造影應用(Application of Diffusion Weighted Imaging (DWI))

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Review: Phase Contrast MRA (PC MRA)

- Phase effects concern the transverse magnetization (血管有在流動→變黑)
- Bipolar flow-encoding gradient (strength and duration but opposite sign)
- Stationary spins = zero net phase shift
- Flowing spins = a non-zero phase shift

flow encoding

stationary spin

mobile spin

phase position

phase shift $\phi = \int \omega dt = \int (\gamma G_{vt}) dt = \gamma G_v t = 1/2 \gamma G_v t^2$

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Review: Phase Contrast MRA (PC MRA)

first lobe

bipolar gradient (VENC)

higher lower

stationary spin

flowing spin

both spins affected equally

second lobe

lower higher

stationary spin

flowing spin

moving spin does not see equal but opposite gradient polarity

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Phase Contrast MRA (PC MRA)

stationary spin

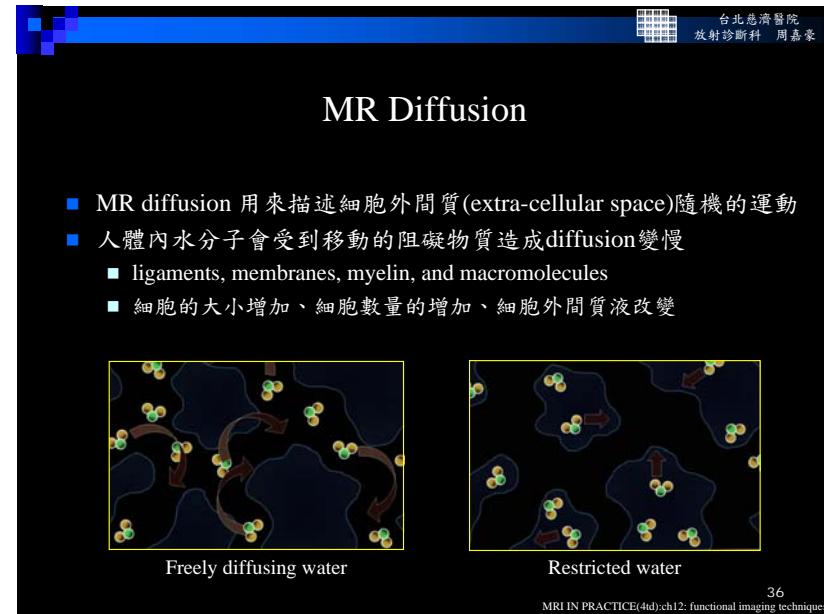
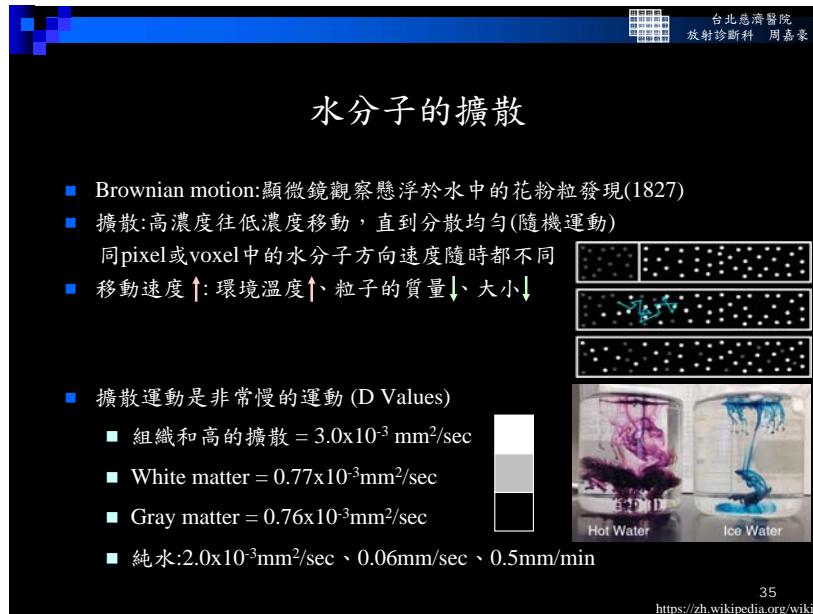
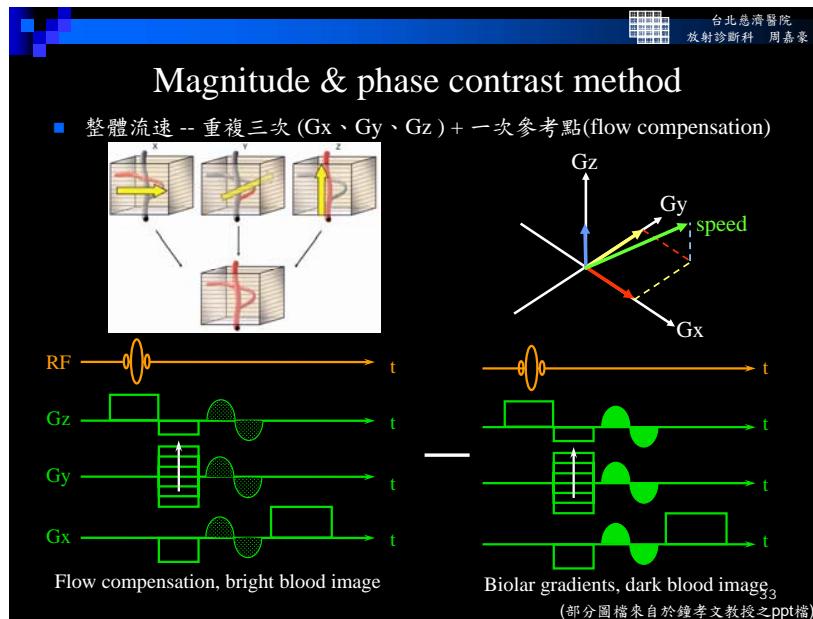
flowing spin

stationary spin

flowing spin

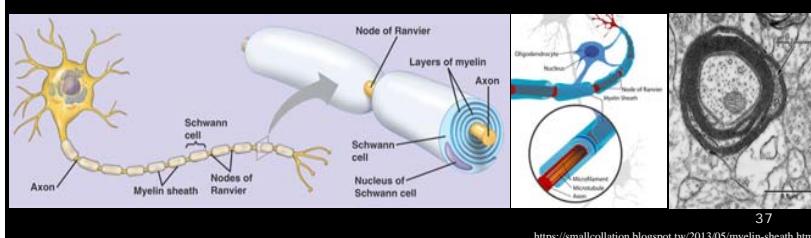
無訊號 無相位改變

有訊號 有相位改變



Myelin sheath & axon (神經纖維)

- 髓鞘(Myelin sheath)的組成: Lipids 80% and Proteins 20%
- 細胞膜重複環繞軸突所形成的絕緣體，髓鞘約長1mm
- 髓鞘包覆處沒有離子通道；蘭氏結有動作電位
- 神經傳導速度可因有髓鞘增快5~7倍
- axon越粗，髓鞘越厚，傳導的速度越快
- 避免神經元間電訊號的干擾
- MR/diffusion也是一種對比，依diffusion好壞，找出去髓鞘化的病變



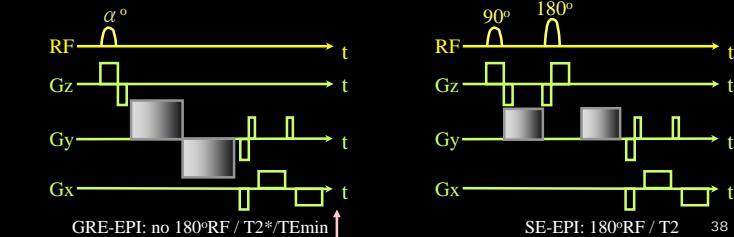
擴散加權造影原理

Principle of Diffusion Weighted Imaging (DWI)

■ 擴散運動是非常慢的運動(D value)

- 組織和高的擴散 = $3.0 \times 10^{-3} \text{ mm}^2/\text{sec}$
- White matter = $0.77 \times 10^{-3} \text{ mm}^2/\text{sec}$
- Gray matter = $0.76 \times 10^{-3} \text{ mm}^2/\text{sec}$
- 純水: $2.0 \times 10^{-3} \text{ mm}^2/\text{sec}$ 、 0.06 mm/sec 、 0.5 mm/min
- sinus vein、CSF、Peripheral veins = $5-10 \text{ cm/sec}$

bipolar diffusion gradient
強度增加



擴散加權造影原理 Principle of Diffusion Weighted Imaging (DWI)

- DWI的原理:
 - 類似PC MRA
 - 比較加入bipolar diffusion gradient前後信號差別
 - Bipolar diffusion gradient: 強梯度、長時間 ($T_{Emin} \uparrow$)
 - diffusion factor=b factor=控制diffusion weighting
 - b value↑, diffusion contrast↑ (b value↓, diffusion contrast↓)
 - b value臨床常用 $0, 600, 800, 1000 \text{ sec/mm}^2$

$$\frac{S}{S_0} = e^{-bD}$$

$$\begin{aligned} \text{Signal} &= e^{-bD} = 2.7^{-bD} \\ &= 2.7^{-b(1 \times 10^{-3})} = 37\% \end{aligned}$$

S = signal with the gradient application

S_0 = signal no gradient application

D = diffusion constant

b = diffusion weighting

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$$\begin{aligned} \text{White matter} &= 0.77 \times 10^{-3} \text{ mm}^2/\text{sec} \\ \text{Gray matter} &= 0.76 \times 10^{-3} \text{ mm}^2/\text{sec} \end{aligned}$$

Diffusion factor = b factor

■ Diffusion signal loss by the gradient application

$$\frac{S}{S_0} = e^{-\gamma^2 G^2 \delta^2 (\Delta - \delta/3) D} = e^{-b D}$$

S = signal with the gradient application

S_0 = signal no gradient application

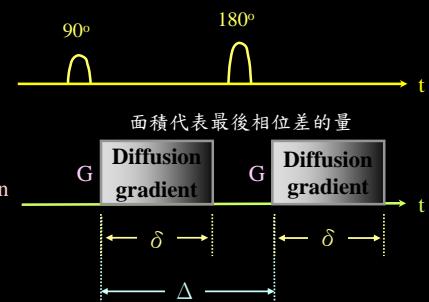
D = diffusion constant

γ = gyromagnetic ratio

G = gradient strength

δ = gradient duration

Δ = time interval between dephasing and rephasing gradients



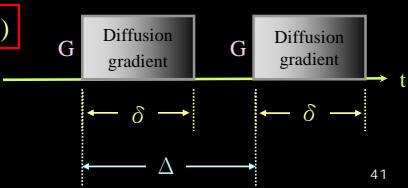
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Diffusion factor = b factor

- b factor = 0 no diffusion
- b factor = 500 mild diffusion weighted
- b factor = 1000 more diffusion weighted

$$b \text{ factor} = -\gamma^2 G^2 \delta^2 (\Delta - \delta/3)$$

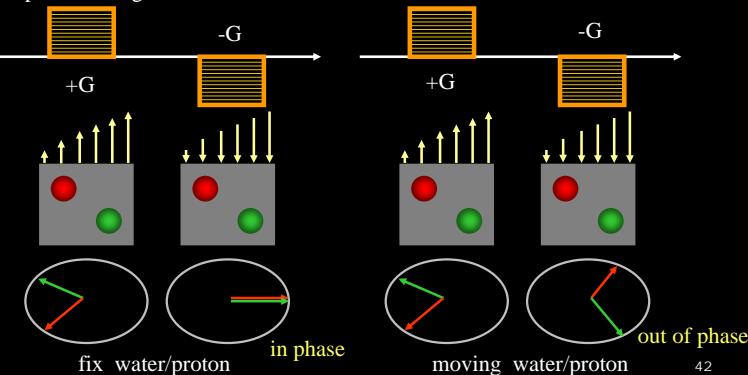
D = diffusion constant
 γ = gyromagnetic ratio
G = gradient strength
 δ = gradient duration



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Bipolar Diffusion Gradient

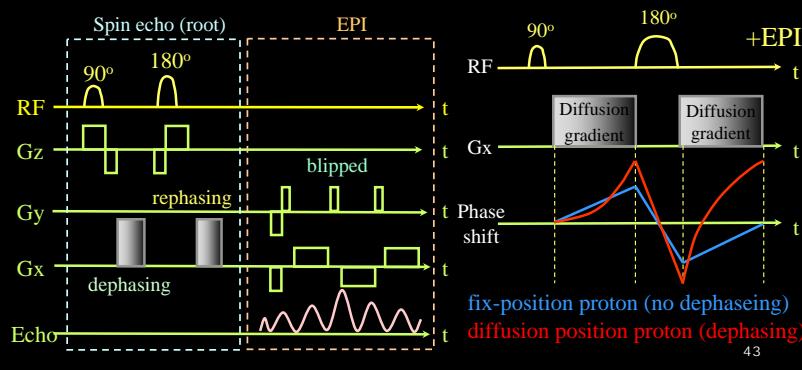
- Bipolar pair of diffusion gradients is inserted between the RF excitation pulse and signal readout.



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Bipolar Diffusion Gradient SE-EPI (SE-EPI)

- Apply a pair of diffusion gradients before and after the 180° RF pulse (SE-EPI).



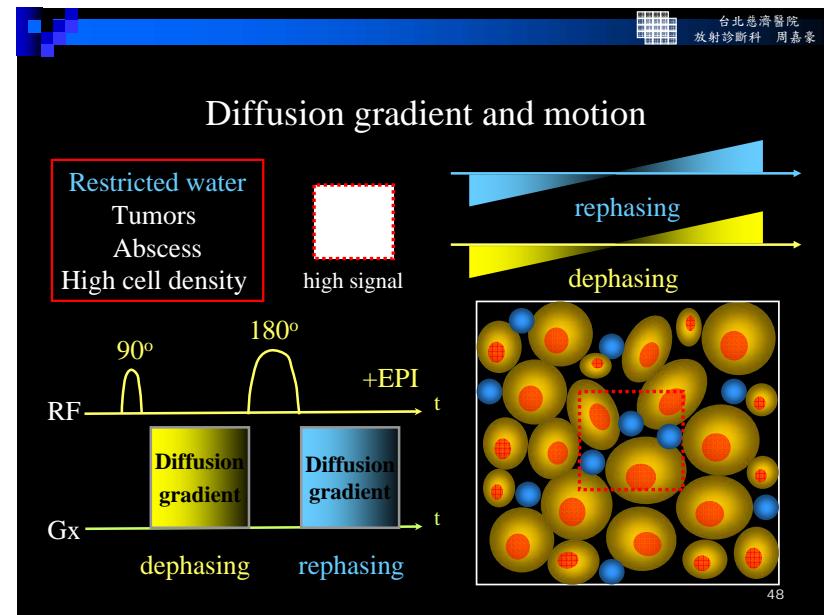
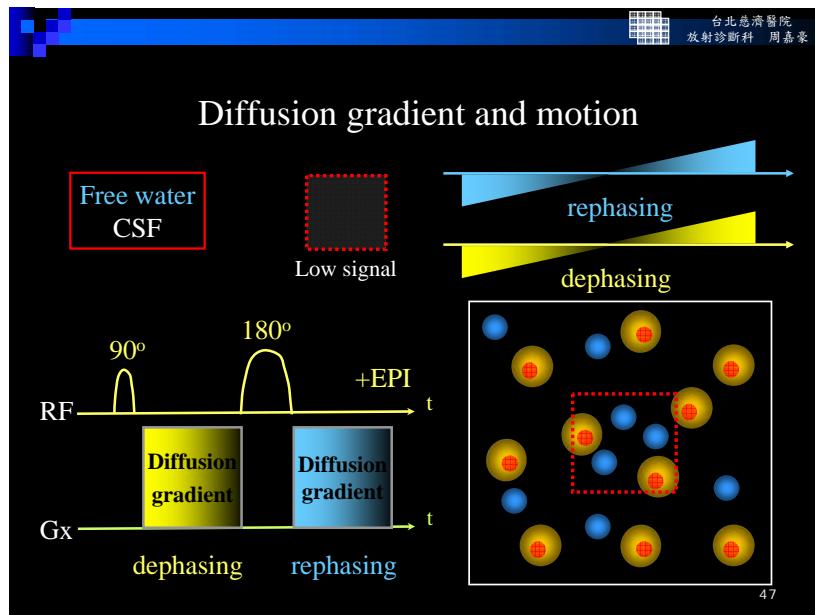
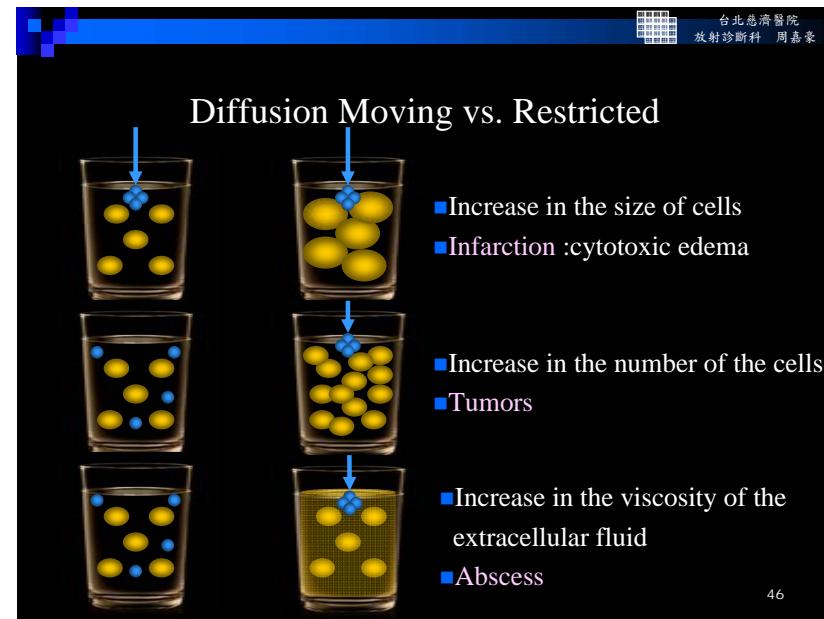
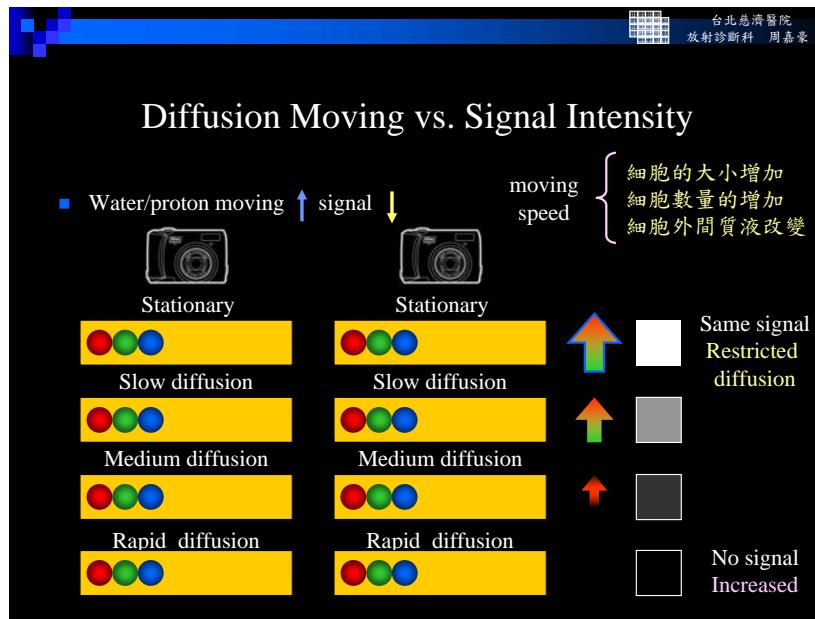
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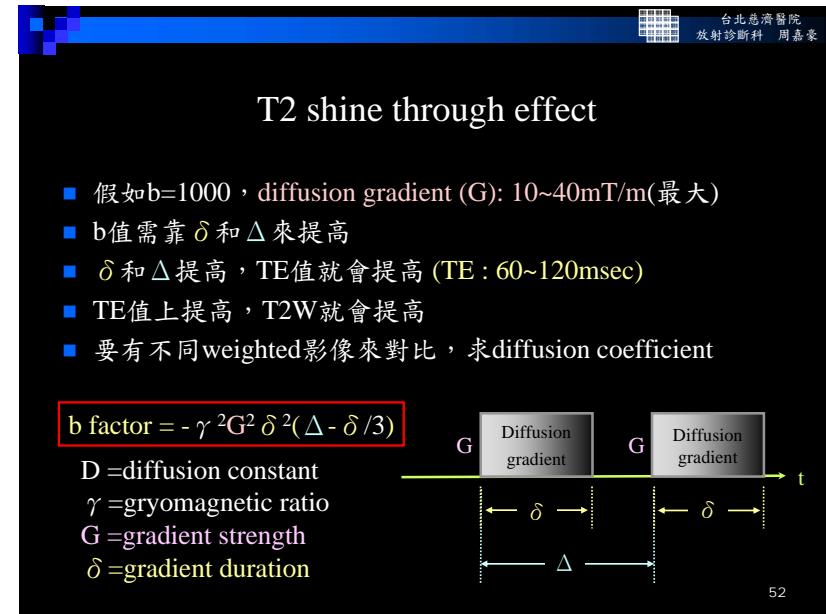
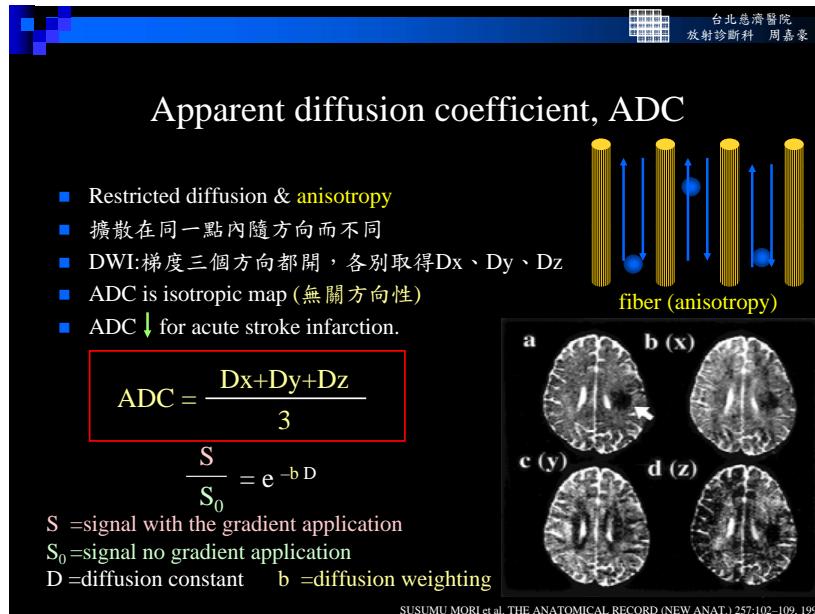
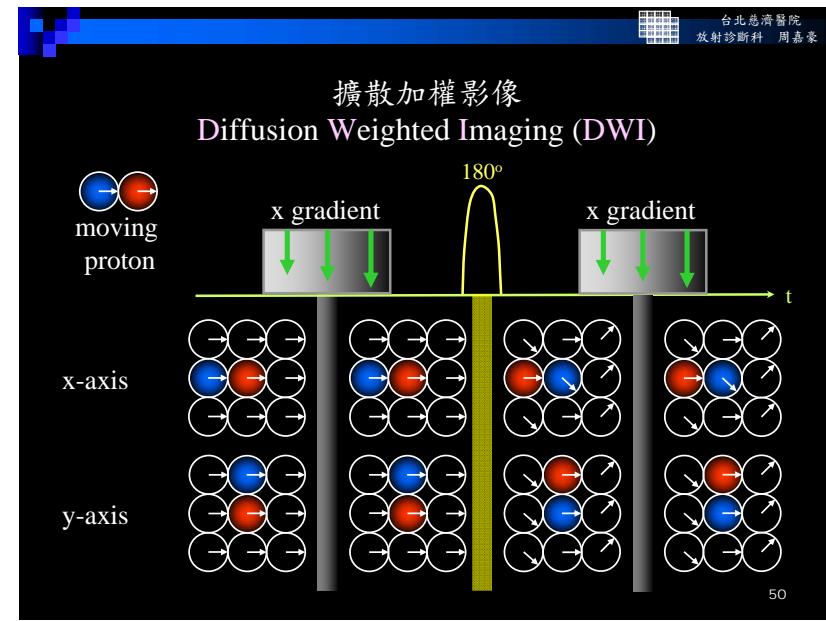
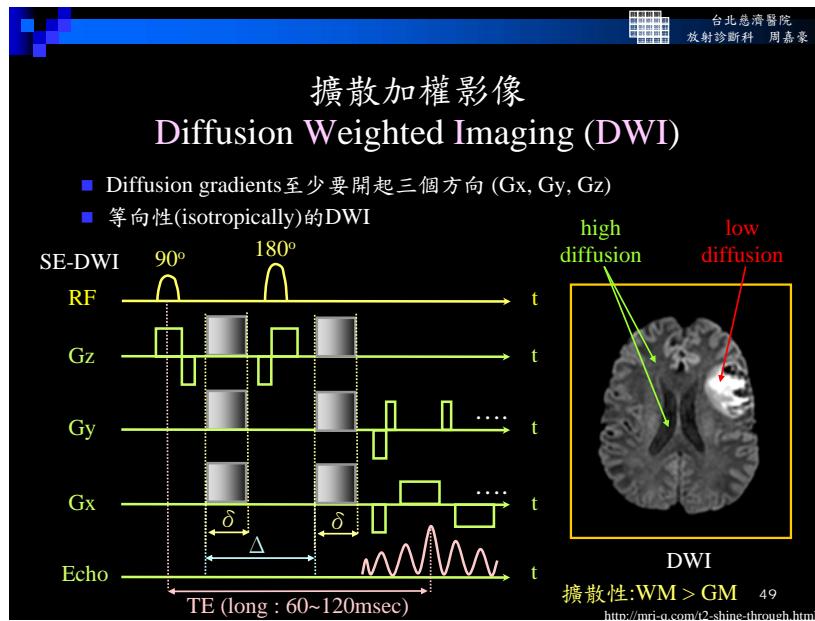
擴散加權造影原理 Principle of Diffusion Weighted Imaging (DWI)

- Diffusion 定義: 物質分子會呈現隨機而且不規則狀的移動
 - Free: high diffusion along gradients → low signal
 - Restricted: low diffusion along gradients → high signal

- DWI目標: 觀察水分子移動所造成影像上亮暗對比的差異
 - Diffusion gradients至少要開起三個方向 (Gx, Gy, Gz)
 - 不考慮水分子移動的方向性 (只考慮水分子有無restricted)
 - Diffusion magnitude (trace image): DTI
 - T2-weighted image: DWI: root + diffusion G+EPI · TR ↑ TE ↑

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T2 shine through effect

- TR value DWI sequences is long (8-10 sec) , so $(1-e^{-TR/T_1})$ term may be disregarded.
 - DW images both T2 and diffusion weighted (long TE: 60~120msec)
 - Long T2 lesions can increase DWI signal mimicking restricted diffusion
 - Clarified by reviewing ADC images

$$S_{DWI} = k[H] \cdot (1 - e^{-TR/T1}) \cdot e^{-TE/T2} \cdot e^{-b} \cdot ADC$$

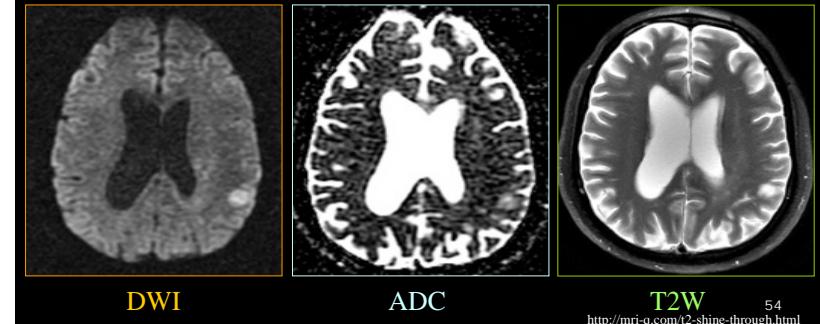
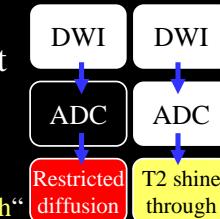
- K : is a scaling constant,
 - TR , TE , and b are operator-selected parameters
 - $[H]$ is spin density
 - ADC is the apparent diffusion coefficient (顯示純擴散訊息)

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T2 shine through effect

- DWI ↑, ADC ↓, T2 ↑ (正常狀況思考)
 - DWI ↑, ADC ↑, T2 ↑ (T2 ↑ effect > ADC effect) - "T2 shine through"



<http://mri-q.com/t2-shine-through.html>

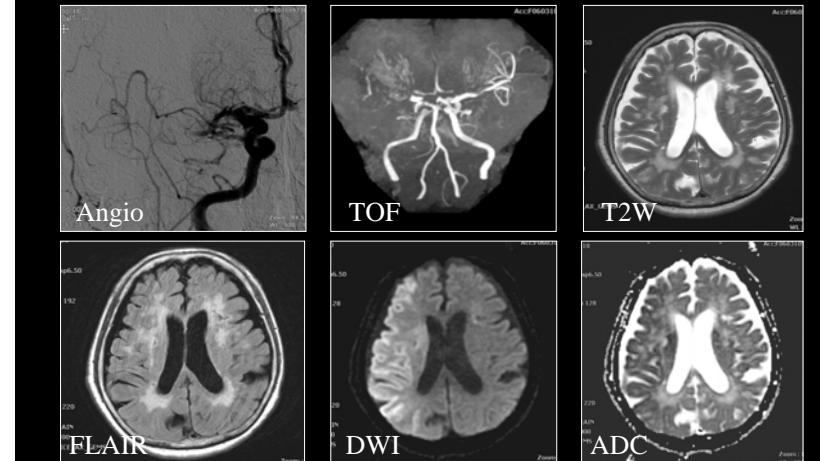
擴散加權造影應用

Application of Diffusion Weighted Imaging (DWI)

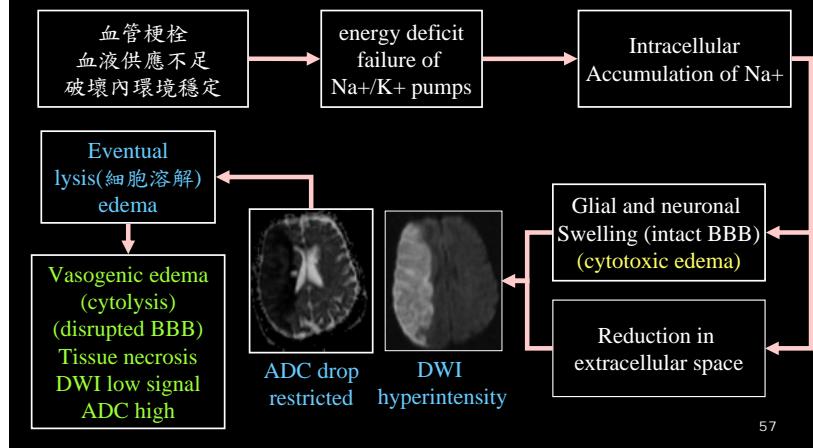
- Ischemic stroke
 - 偵測體內腫瘤
 - 區別腫瘤的特性，以區別可能的病理型態
 - 區別器官內腫瘤以及非腫瘤的區域
 - 全身性擴散權重影像

擴散加權造影應用

Ischemic stroke / 3hr / hyper acute stroke

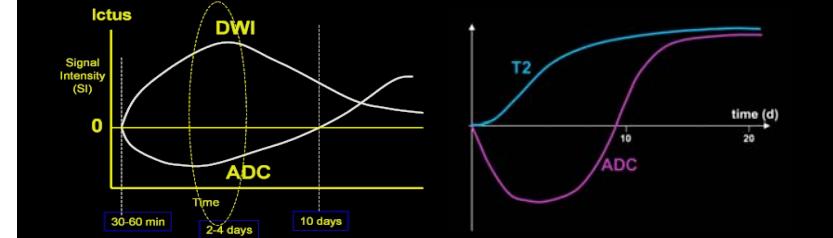


擴散加權造影應用 Ischemic stroke

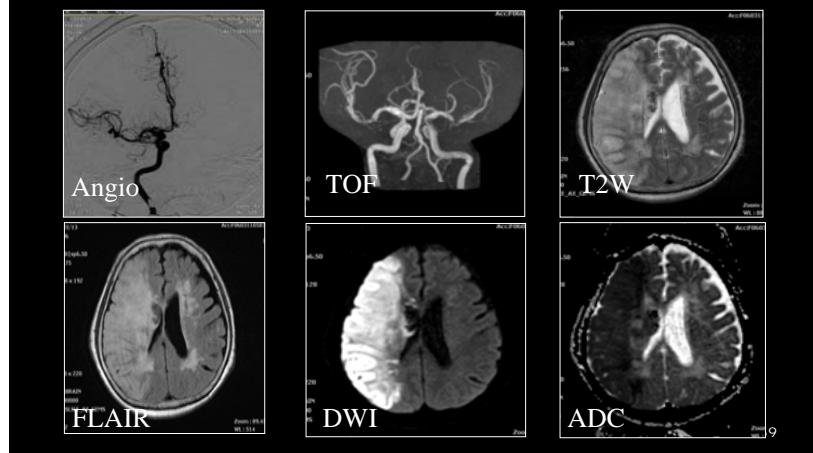


擴散加權造影應用 Ischemic stroke & T2, DWI, ADC

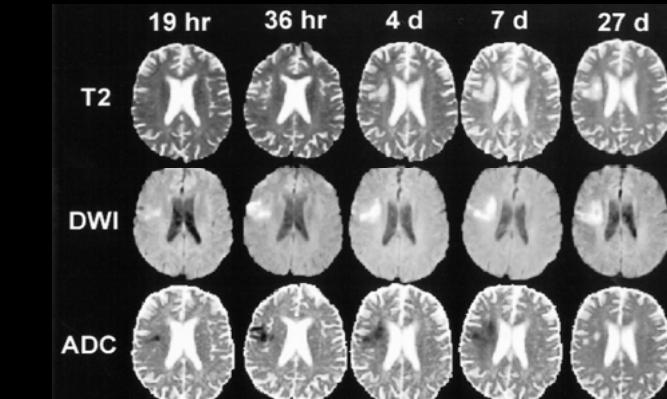
	T2	DWI	ADC
■ hyperacute(<6hrs)	iso	high	low
■ Acute (6hrs~7day)	high	high	low
■ Subacute (1~3weeks)	high	iso/high	iso
■ Chronic(>3 weeks)	high	iso/low	high



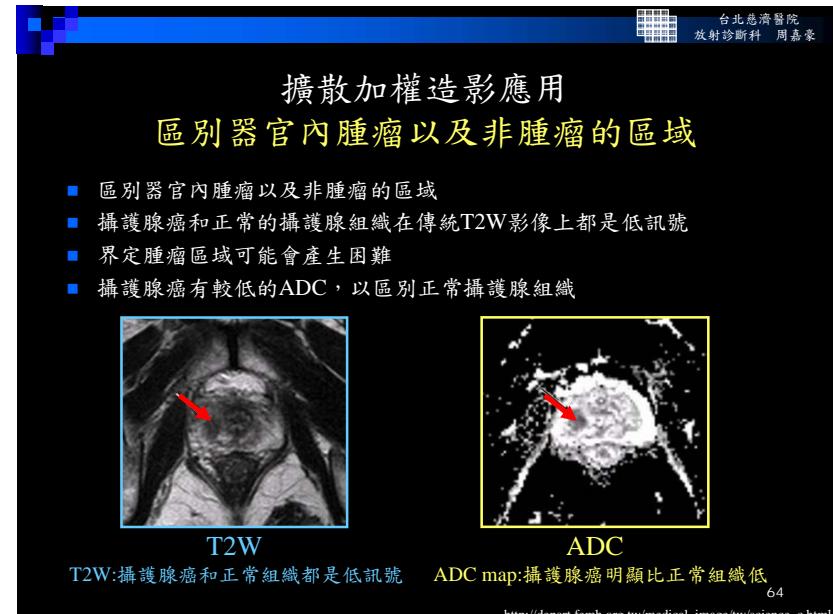
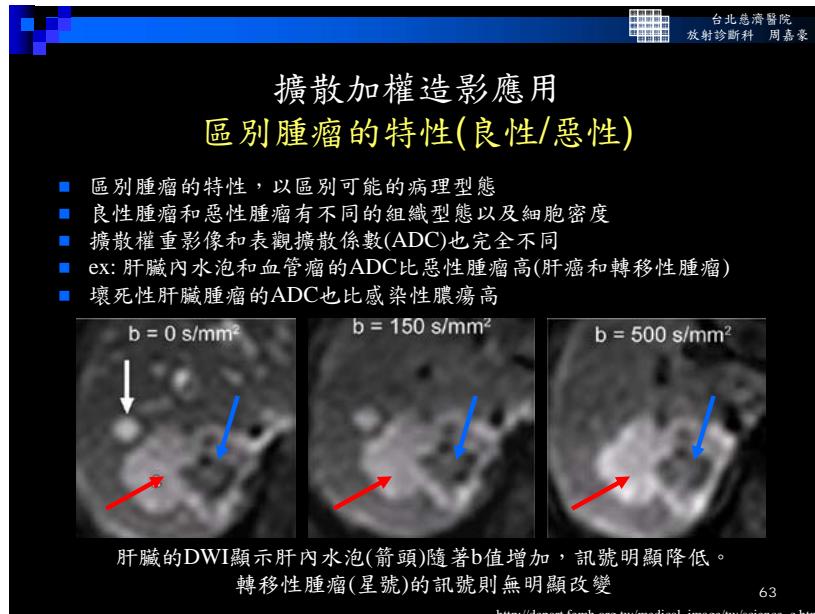
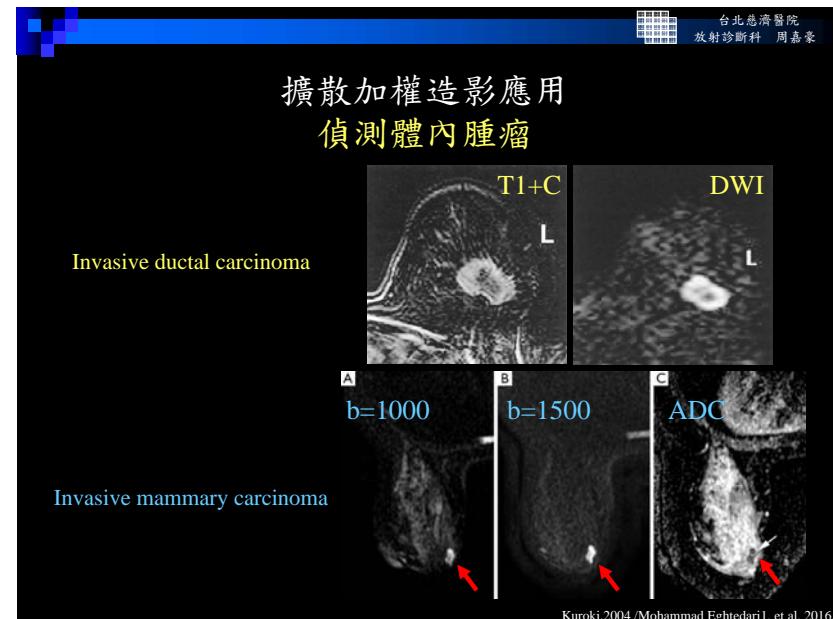
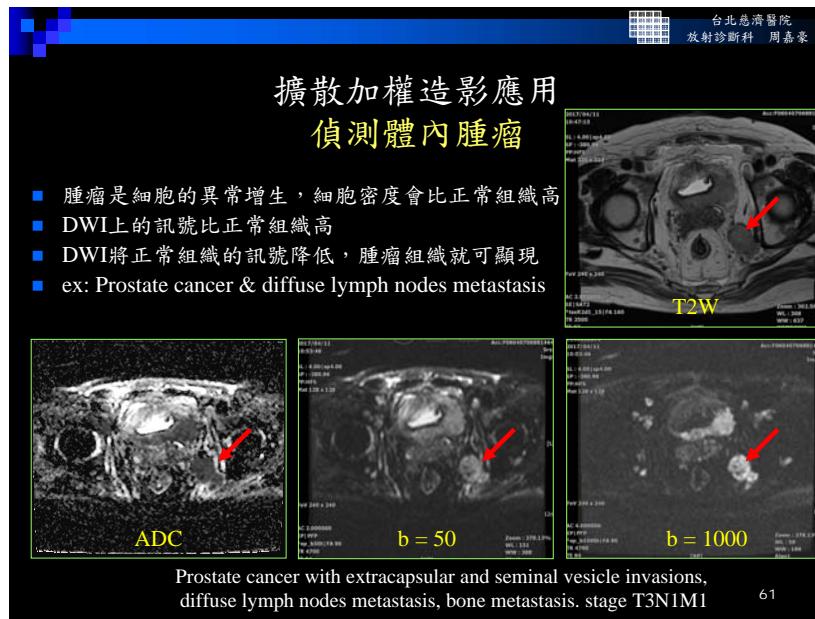
擴散加權造影應用 Ischemic stroke / 3days / acute stroke



擴散加權造影應用 Ischemic stroke



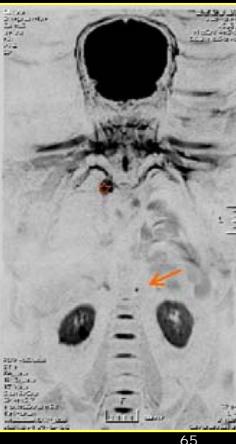
Maarten G. Lansberg, et al., Evolution of Apparent Diffusion Coefficient, Diffusion-weighted, and T2-weighted Signal Intensity of Acute Stroke, AJNR Am J Neuroradiol 22:637-644, April 2001



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擴散加權造影應用 全身性擴散權重影像

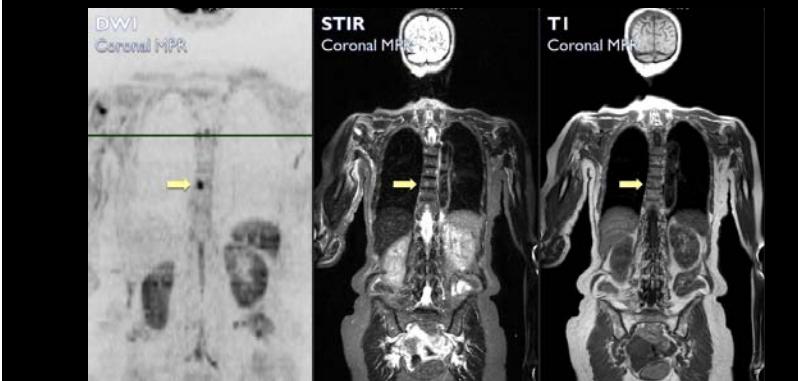
- 全身性擴散權重影像
- DWI可以同時作全身性的檢查，避免漏失病灶
- 慢性腫瘤的病患，可評估是否有轉移性腫瘤
- 特別是淋巴結，DWI可分析淋巴結內的組織結構
- DWI影像顯示右肺尖高訊號的腫瘤(星號)
- 左後腹膜腔有高訊號病灶(箭頭)，轉移性淋巴結



http://depart.fcmh.org.tw/medical_image/tw/science_ch.html

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擴散加權造影應用 全身性擴散權重影像



Breast carcinoma: DWI helps detecting a small vertebral metastasis (arrow)

C. de Bazelaire et al., Let's diffuse diffusion, ECR 2009.

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看圖說故事時間

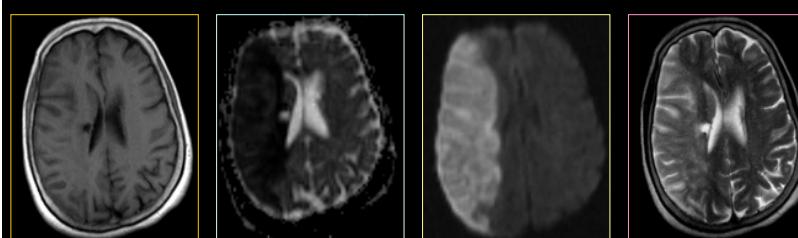
- 自願或抽簽請一位學員上台看影像，並大聲地說出為什麼!!
 1. 這些影像分別為那些加權影像？
 2. DWI影像中那個b-value最大？
 3. MRI影像中那一組是較新的梗塞？
- 你有兩次求救機會！
 1. 你可以指名一位學員回答一個問題
 2. 你可以請全班學員舉手表決一個問題

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看圖說故事(一) 這些影像分別為那些加權影像？

- 提示T1W、T2W、DWI、ADC



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