磁振造影專業基礎課程



- 教育主題:磁振造影專業課程
- 主辦單位:中華民國醫事放射學會、國泰綜合醫院
- 上課時間:民國 105 年 6 月 19 日(星期日)
- 上課地點:台北國泰醫院

2016/6/15

磁振造影的特性

MRI 基本物理原理



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- 無放射性
- 高解析度
- 高組織間對比
- 多重切面(Sagittal view、Coronal view、 Axial view)

---- 未來百年內醫學影像的主流



何謂MRI?

- M (magnetic):訊號的來源,人體中小磁鐵 的磁化。
- R (resonance): 共振,小磁鐵激發偵測的原理,小磁鐵和射頻脈衝間的交互作用。
- I (imaging) : 訊號轉為影像的方式。

磁化 (Magnetization)

Magentic susceptibility

- 所有物質放在磁場中時,均有一定的 磁化程度,而一個物質的感磁性是用 來衡量他們被磁化了多少。

Magentic susceptibility





反磁性

順磁性

B=μ*H B=磁通密度(magnetic flux density) μ=磁導率(magnetic permeability) H=磁場強度(magnetic field intensity)

物質的磁性與在MRI的用途

- ・順磁性(paramagnetic)物質:
- 導磁係數(μ)與空氣相近者,如:鋁、鉻等物質 (釓、鏑、血液)
- ・反磁性(diamagnetic)物質:
- ・導磁係數(µ)比空氣或真空小者、如:金、銀等 物質(水及大部份組織)
- ・鐵磁性(ferromagnetic)物質:
- 導磁係數(μ)比空氣大者,如:鐵、鋼等物質
 (動脈瘤夾、榴霰彈片)。

自旋 (Spin)

- 古典物理中,旋轉中的物體具 有角動量(angular momentum)的 特性,其大小和物體的外型、 尺寸、質量以及向量的大小有 關。
- 而在原子或次原子的領域中, 則以自旋來表示,也就是說明 粒子繞著本身軸位旋轉的特性



人體內的小磁鐵

 電子、質子帶有電荷 且有自旋現象,故其 行為類似於微小的電 流迴路,因為移動的 電荷會產生磁場,故 電子、質子就好像是 微小的磁鐵,有著北 極和南極,故稱為磁 偶極(magnetic dipole)。



 不同於古典力學的想法,自旋角動量只能 有某些特定的值,即有量子化的現象,例 如電子、質子等粒子的自旋量子數(S)為1/2, 其自旋角動量在某一軸向的分量只能有兩 個值(能階數= 2S+1),正負號表示方向,故 有spin-up 與spin-down兩種狀態之稱。

根據庖立不相容原理(Pauli exclusion principle),兩個電子不能處在同一個量 子狀態,故若其一為spin-up,另一必為 spin-down。若一原子有偶數個電子,即 有偶數個質子,則spin-up、spin-down兩 種狀態互相抵消,所以無法有可被觀察 到的自旋現象。然而,若一原子有奇數 個電子(即不成對),亦有奇數個質子, 此時自旋現象才能被彰顯出來,氫原子 就是其中一個例子。

NET MAGNETIC FIELD

 ・原子核中質子數目為 (周數(even)*她們的 磁場會互相抵消·而 使得淨磁場為0。
 ・原子核中質子數目為 奇數(odd)*因而可以 產生一個淨磁場或稱 (magnetic diopole moment, MDM)
 ▲ ↓ (No magnetic field)
 ▲ ↓ ▲ (Net magnetic field)

淨磁偶極的平衡

 沒有外加磁場時,氫原子核(僅 有一個質子)的磁偶極沒有特定 的指向,淨磁化強度(所有磁偶 極的加總,net magnetization) 等於0。



當外加磁場施加時....

- 場域內的氫原子核、 受主磁場的強大作用 力影響、產生順著主 磁場方向(spin-up)與 逆著主磁場方向(spindown)的排列。
- 最終,在相互抵消的 作用下,產生一個順 著主磁場方向(spin-up) 的靜磁矩。



原子的旋進(Precession)

 除了在自己的軸位上 產生自旋,質子也會 順著主磁場的方向, 以特定的頻率產生繞 進的現象,我們稱之 為---旋進。



共振(resonance)

Radio Frequency Pulse

Mo

Bo

- 電磁波---傳遞能量
- 能量的傳遞須符合-----拉莫頻率 ▲
- 施加的方向與B0垂直
- 將縱向磁矩偏轉到橫向平面



磁場的向量變化(RF施加前)



旋進頻率(拉莫頻率)



當RF施加時....



- RF頻率與系統之頻率相同
- 能量傳遞給系統,將spin-up 之質子轉移至spin-down
- 縱向磁矩偏轉至XY軸平面 ,磁矩消減為0
- 橫向磁矩因質子同相,產生 最大橫向磁矩

如果將RF關掉....

- •縱向磁矩回復至Z軸平面, 磁矩回復為M0
- 橫向磁矩因質子產生失相
 □ · 橫向磁矩消減為0



發生了什麼事???

- 縱向磁場的回復----T1 recovery
- 橫向磁場的衰減----T2 decay





弛緩

 在B1 關閉後,氫原子核要從激發狀態回到 平衡狀態,與主磁場對齊,主要有兩個互 相獨立的歷程,分別稱為自旋晶格弛緩 (spin-lattice relaxation)和自旋自旋弛緩(spinspin relaxation),分別是Z分量的回復和X-Y 分量的歸零,其弛緩的時間常數(time constant)分別稱為T1和T2,故又稱為T1弛 緩和T2 弛緩。

T1 弛緩

 > 氫原子核將先前吸收的能量以熱能的方式 釋放到鄰近的組織(lattice)中,使得氫原子 核可和主磁場對齊。弛緩的時間常數,即Z 分量回復到原來M0的63%所需的時間稱為 T1,大約需要5倍T1的時間,Z分量可完 全恢復。

T1弛緩(relaxation)



不同組織的T1曲線



T2 弛緩

當有B1磁場時,眾多氫原子核以同樣的 相位(phase)自旋,當B1關閉時,外力的 協助消失,氫原子核間會有隨機的運動, 彼此碰撞交換能量(所以稱為 spin-spin relaxation),使相位一致性(phase coherence)消失,有的氫原子核進動較快, 有的氫原子核進動較慢,使X-Y分量互 相抵消逐漸回復到零。X-Y分量減少到 M0的37%(也就是衰減了63%)的時間稱 為T2,T2通常短於T1。

T2弛緩(relaxation)



不同組織的T2曲線



T2 vs T2*

- 造成橫向磁場衰減的原因:
- --- Spin-Spin 間的交互作用(失相)
- ---- 主磁場的不均匀 (可以被修正)
- T2 ---造成橫向磁場衰減的原因 僅為Spin-Spin 間的交互作用
- T2*--- Spin-Spin 間的交互作用 +主磁場的不均匀



想,想,想.....

- 不同組織在T1、T2都有不同訊號的表現
- 在適當的時間擷取訊號
- 不同的組織就可以被區分出來了!
- 傅立葉轉換---- 時間函數 ⇒ 频率函數
- 適當的空間編碼 · 填入K-space 中 · MRI的 影像就出來啦!!!

成像與造影(Imaging)

成像(空間編碼)

 MRI 量測到的是人體某一區塊中的所有氫原子 核激發、弛緩的訊號,為了要了解人腦中不同 位置的結構或功能性變化,必須在訊號中加入 空間位置的訊息,簡單來說,這分為在Z方向 的切面選擇(slice selection),X-Y 平面上任一 軸例如X 方向的頻率編碼(frequency encoding), 和X-Y 平面上另一軸例如Y 方向的相位編碼 (phase encoding),要在那個方向做切面選擇、 頻率、相位編碼視實際需求而定。所用到的技 術是梯度磁場的概念以及二維傅利葉轉換(2-D Fourier transform)。

相位 vs. 頻率

- MRI訊號:具週期性 · 以sin or cos 呈現 · 具 有0~360 ° 的相位變化
- 相位(Phase): 在特定的時間點中訊號波形 (Waveform) 循環中的位置
- 頻率(Frequency):單位時間內,產生訊號週期的數目 (Cycle/Sec)

訊號、頻率、相位與相位偏移



切面選擇(Slice Selection)

- 空間編碼的第一步
- 在切面方向施加一個梯度磁場,藉此在不同的位置產生相對不同的磁場強度 (B0+Gz)



選擇切面的方式









空間編碼的結果(相位+頻率)



相位編碼與TR



Data Space to image





硬體上的需求

- 主磁場

 示、永久磁場
 電磁場
 超導磁場

 線圈(coil)

 Credient
 - ---- Gradient coils
 - ---- Shim coils
 - ---- 射頻線圈
 - ---- 接收線圈





2016/6/15

磁場產生的方式

- 永久磁場
- 電磁場
- --- 電生磁,磁生電
- 超導磁場
- --- 導體的電阻為零
- ---指電流流通時無阻力的現象,也就是產生 永久電流(persistent current)
- --- 絕對低溫(4-6°K)









Gradient coils





Gradient coils

- Gz slice-selection切面選擇
- Gy phase-encoding相位編碼
- Gx frequency-encoding 頻率編碼

	slice- selection	phase- encoding	frequency -encoding
Axial	z	у	x
Sagittal	x	у	z
coronal	у	x	z

Shim coils

- 被動式
- ---維持<mark>主磁場</mark>的均勻性
- 主動式
- 維持局部磁場的均勻性,特別是在梯度回音 或脂肪的化學位移消除技術,shimming可以 使變動降低但不盡然完全消除。





MRI safety

•影響裝置功能或MRI儀器本身產生之危害 --- 心臟節律器

--- 血管夾

- --- 金屬物品(剪刀、髮夾、氧氣瓶.....)
- RF產生的熱效應
- --- 紋眉、紋身
- --- 精油、髮膠
- ---掃描過程中病人身體(皮膚)不要直接觸碰磁 體內壁及各種導線

SAR (Specific Absorption Ratio)

- 每單位質量的物體 · 因RF能量傳遞 · 造成 物體能量吸收的比例 (單位: W/Kg)
- 依據FDA的規範,不得超過 4 W/Kg
- •不同的部位,SAR值的吸收也有所不同
- SAR值產生的效應,以熱的方式來表現

Table 10.1 RF temperature limits

Operating mode	Core temperature rise (°C)	Spatially localized temperature limits (°C)		
		Head	Torso	Extremities
Normal	0.7	38	39	40
First-level controlled	1	38	39	40
Second-level controlled	>1	>38	>39	>40

如何降低SAR值

- 使用 quadrature coil 進行RF的發送
- 在有適合的coil 可同時進行RF的發送與接下,盡量避免使用 body coil進行RF的發送
- 增加TR
- 減少掃描張數
- 減少ETL的長度
- 減少TSE中 refocusing pulse flip angle









對比(Contrast)

對比的定義 影響對比的參數與臨床應用

Contrast

- Contrast was introduced in terms of the image appearance, or relative brightness of different tissues and pathology.
- Image contrast arises (or doesn't) when tissues generate MR signals which have different intensities because of their physical properties, i.e. T1 and T2 relaxation times and proton density.









Here's the maths bit Mathematically we can define contrast as

S_A C



is related to the field of view (FOV) and matrix thus $\Delta x = \frac{FOV}{N_{\text{FE}}} \qquad \Delta y = \frac{FOV}{N_{\text{FE}}} \qquad \Delta z = \text{slice width}$

TR and tissue contrast





TE and tissue contrast





T1 effects and pathology

T1 effects on the image

short T1 - bright

- · fat, fresh bleeding
- paramagnetic contrast agent (gadolinium)

long T1 - dark

- Neoplasm,
- edema, inflammation,
- pure fluid, CSF



T2 Effects on the image

short T2 - dark

- · iron deposits in liver,
- · magnetic suseptibility effects

long T2 - bright

- edema,
- inflammation, Gliosis,
- pure fluid, CSF

TR > 1800 ms TE > 80 ms





Clinical image appearance

proton density effects

low proton density- dark

• calcium, air, cortical bone, ligamer

high proton density- bright

• fat, bone marrow



Flip angles and contrast



TR=150, TE=4.6

TI and contrast



TR=4000, TE=19

SE vs.IR



Invention recovery (IR)





STIR image





FLAIR in Brain MRI





Disadvantages of IR

- Longer scan times
- Increase in flow-related artifacts
- Signal-to-noise can decrease as tissues are suppressed
- Higher specific absorption rate (SAR) due to additional 180° pulses

休息一下吧!!!



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本次課程內容

- MR基本原理與自旋回音(Spin echo)
- 脈衝序列圖(Pulse sequences diagram)
- 空間編碼(Spatial encoding)
 - Slice selection encoding(Gz)
 - Frequency encoding(Gx)
 - Phase encoding(Gy)
- K-space與訊號填入
- 快速自旋回音(Fast spin echo (FSE))

Reference:

1.MRI The Basics (3rd) (Chapter 7~14)2.MRI IN PRACTICE(4td) (Chapter 3.5)3.MRI From Picture to Proton(2nd)(Chapter 7)



111 010 01 00 525 010 00 00 60 00 00



5/100000(每一百萬個氫原子核中最多5~6個)



Anti-Parallel Higher energy state

$M_0 = 0$

Parallel Low energy state



















K-空間的邊緣(Edges of k-Space) K-空

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- The periphery of k-space provides information regarding "fineness" of the image and clarity at sharp interfaces.
- The FT of a truncated sinc function has ring down effects.
- The shades of gray are determined by the magnitude or amplitude of signal at each pixel.






















Γ2WI: 5750 ms x 512 x 1 / 14 = 210 sec = 3 min 50 sec

= 102 sec = 1 min 42 sec









What is a free induction decay (FID)?

- Pulsed methods :the main magnetic field is held constant while an RF-field at the Larmor frequency is pulsed on and off.
- Immediately after the RF pulse , transverse magnitude dephasing and induce signal called "nuclear induction decay" or "free induction," which today is commonly referred to as the *free induction decay (FID)*.



Characteristics

- The gradient echo sequence differs from the spin echo sequence in regard to:
- --- the flip angle usually below 90°
- --- the absence of a 180° RF rephasing pulse

Type of MR Signal	Method of Formation
Free induction decay (FID)	1 RF pulse
Gradient echo (GRE)	1 RF pulse + gradient reversal
Spin echo (SE)	2 RF pulses
Stimulated echo	3 or more RF pulses

What is a gradient echo, and how does it differ from an FID?



The advantages of low-flip angle excitations

- A flip angle lower than 90° (partial flip angle) decreases the amount of magnetization tipped into the transverse plane.
- The consequence of a low-flip angle excitation is a faster recovery of longitudinal magnetization that allows shorter TR/TE and decreases scan time.





$180^{^\circ}\,\text{RF}$ Pulse In GRE



Echo time in GRE



Bi-lobed Gradient



Advantages of GRE

- 1. Increased speed
- 2. Increased sensitivity to magnetic susceptibility effects of hemorrhage
- 3. 3D imaging in reasonable time
- 4. Imaging of flowing blood (i.e MRA)

Disadvantages of GRE

- 1. Decreased SNR caused by small α , reducing the transverse magnetization, and very short TR
- 2. Increased magnetic susceptibility artifacts, most noticeable at air tissue interface such as in the region of paranasal sinuses or the absomen
- 3. T2* decay since there are no 180° rephasing pulses

The contrast of gradient echo

	Small	Large
a	↑ PDW	↑ T1W
TR	↑ T1W	↑ PDW
TE	↑ PDW	↑ T2*W

Short TRs





Short TRs



Figure 20-2 (A) The initial longitudinal and transverse magnetizations. (B) After a short TR, the subsequent longitudinal and transverse magnetizations will be smaller for a 90° RF pulse.

Small Flip Angle vs. short TR



Tissue Contrast - FA



amount of longitudinal magnetization.

difficult to discriminate the T1 contrast between two tissues. Thus, small α reduces T1 weighting.

Tissue Contrast - FA



Tissue Contrast - TE



Fast Scanning Techniques

GE	Siemens	Philips	
GRASS	FISP	TFE	
SPGR	FLASH	T1 FFE*	
SSFP	PSIF	T2 FFE*	
FSPGR	Turbo-FLASH	T1 TFE**	
*TFE, turbo field echo			
**FFE, fast field gradient echo			

Steady state



Figure 20-9 A-D: Because TR is short, a fraction of transverse magnetization remains at the end of the cycle, which eventually reaches a steady-state M_{as}. This steady-state component is affected by the next RF pulse.

How can we do???

- To mengent residual transverse magnetization is managed:
- gradient echo sequences with spoiled residual transverse magnetization
- steady state gradient echo sequences that conserve residual transverse magnetization and therefore participate in the signal.

Spoiled gradient echo sequences



Principles

- In certain cases, the steady state can be detrimental, namely for obtaining T1 weighted sequences.
- To resolve this problem, gradients and/or RF pulses (spoilers) are used to eliminate residual transverse magnetization.

Basic GRE vs. Spoiled GRE



SPGR (spoiled GRASS)

- The word "spoiling" refers to the elimination or spoiling of the steady-state transverse magnetization:
- 1. by lengthening TR
- 2. by applying variable gradient spoilers
- 3. by applying RF spoiling

Lengthening TR

- The method to achieve spoiling of Mss is by lengthening TR
- When TR is sufficiently large (generally over 200 msec), there is enough time to allow complete dephasing of the spins in the transverse plane

Variable Gradient Spoilers-2



Variable Gradient Spoilers



RF Spoiling (phase offset)



Figure 21-3A-D: Spoiling of the steady-state transverse magnetization can be done via RF spoilers (as in SPGR), in which a phase offset is added to each successive RF pulse.



RF Spoiling-2





Mss Spoiled – TR can be shorten



Disadvantage of SPGR(FLASH)

- Increased dephasing caused by inhomogeneities in B_0
- Increased magnetic susceptibility artifacts
- Increased chemical shift artifact

FLASH



Dual/Multi-echo GRE



Steady-state gradient echo

Type of sequence	Philips	Siemens	GE	Hitachi	Toshiba
Steady state GE	FFE	FISP	MPGR, GRE	TRSG	FE

Steady-state gradient echo



Basic GRE vs. GRASS/FISP



GRASS/FISP

• Residual Transverse Magnetization



GRASS/FISP



Figure 21-2 A PSD for GRASS/FISP. A "rewinder" gradient is applied along the y axis at the end of the cycle to reverse the effect of phase-encoding gradient.

T2-enhanced steady-state gradient echo

Type of sequence	Philips	Siemens	GE	Hitachi	Toshiba
T2-enhanced steady-state GE	T2-FFE T2	PSIF	SSFP		FE



- In T2-enhanced steady-state gradient echo sequences:
- --- residual transverse magnetization is conserved
- -- the sequence is inverted in time, compared to the preceding sequences
- --- only the echo corresponding to the Hahn echo, dependent on T2 but weaker than spin echo, is recorded

SSFP/PISF



TR<TE<2TR \rightarrow T2W

SSFP/PISF



Figure 21.7 A PSD for SSFP/PSIE Each α pulse contains some 180° pulse embedded in it that acts like a refocusing pulse. This in turn will result in a spin echo (SE) at the time of the next α pulse. Hence, contrast is determined by 172 (not T2°).

SSFP/PISF

Advantage of SSFP/PISF

Decrease dephasing due to inhomogeneities

in B_0 compare with GRASS and SPGR

Decrease magnetic susceptibility artifacts compare with GRASS and SPGR

Decrease chemical shift artifacts(dark band) compare with GRASS and SPGR

Disadvantage of SSFP/PISF

Decrease SNR due to the use of longer TEs (TE>TR) Increase sensitivity to non-stationary tissue

The Characteristics of Various GRE

GRE Technique	SNR	CNR	Comments
GRASS/FISP	Highest	Best possible T2/T1	Preserves steady-state component
SPGR/FLASH	Intermediate	Best possible T1W	Spoiled steady-state component
SSFP/PSIF	Lower	Provides T2W	Gradient- recalled SE, TR <te<2tr< td=""></te<2tr<>

The Characteristics of Various GRE

	GRASS/FISP	SPGR/FLASH
T1 contrast		Medium flip, Short TR/TE
Spin density contrast	Low flip, Medium TR, Short TE	Low flip, Medium TR, Short TE
T2/T1 contrast	Medium flip, Short TR/TE	19-18-1
T2* contrast	Long TE	Long TE

What is GRASE ?

- Some systems call the number of spin echoes the 'turbo factor' and the number of gradient echoes the 'EPI factor'
- Typically three gradient echoes will be used for each spin echo



What is GRASE ?

- GRadient And Spin Echo (GRASE) or Turbo Gradient Spin Echo(TGSE)
- A fast segmented sequence that combines a multiple spin-echo train and intermediate gradient echoes

Scan time = $\frac{\text{TR} \times N_{\text{PE}}}{N_{\text{spin echoes}} \times N_{\text{gradient echoes}}}$

Advantages of GRASE

- Much less RF power is used
- Higher 'turbo factors'
- More like T2-weighted spin echo than FSE

But-----

• substantial ringing artifacts in the phase encode direction

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休息一下吧!!!



本次課程內容

- 瞭解並說明常用的組織壓抑技術,包括下列幾項:
 - FLAIR, STIR, fast FLAIR , Double IR (Chapter 7,25,28)
 - Spatial presaturation (Chapter 23)
 - Chemical presaturation (Chapter 23,25)
 - Magnetization Transfer saturation (Chapter 25)

Reference:

1.MRI The Basics (3rd) (Chapter 7,23,25,28)2.MRI IN PRACTICE(4td) (Chapter 5,6)3.MRI From Picture to Proton(2nd)



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組織壓抑技術種類

- ■反轉回覆技術 (Inversion Recovery, IR) • STIR、FLAIR、fast FLAIR、 DIR
- 化學(頻譜)預飽和 (chemical persaturation)
- ■空間預飽和 (spatial persaturation)
- ■磁量轉移 (Magnetization Transfer, MT)













FLAIR T2W MS:神經傳導有關,發生在白質,會產生去髓鞘化的動作,會變白質產生病變 15

Fluid-Attenuation Inversion Recovery 利用IR技術把水的信號壓掉 Glioblastoma 神經膠母細胞瘤





FLAIR

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T2W

FLAIR

腦在病變(tumor)時產生的edema會和CSF接近,用FLAIR區分 Andrea Hawkins-Daarud, Front. Oncol., 04 April 2013



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STIR

T1W

T2W

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常使用於心臟血管磁振造影可以清楚看到血管壁的構造







 Se 3 Im 6
 FH
 Souly Delet / ... Souly Telet / ... Souly Telet / ... Souly Telet / ... Mer Parta
 Se 4 Im 6
 FH
 Souly Telet / ... Souly Telet / ... Mer Parta
 Se 4 Im 7
 FH
 Souly Telet / ... Souly Telet / ... Mer Parta
 Se 4 Im 7
 FH
 Souly Telet / ... Souly Telet / ... Mer Parta
 Se 4 Im 7
 FH
 Souly Telet / ... Mer Parta
 Souly Telet / ... Mer Parta
 Se 4 Im 7
 Souly Telet / ... Mer Parta
 Souly Telet / ... Mer Parta

T2W

T1W

T1W + fat sat









■ 巨量水(bulk H₂O):氫含量高、自由運動的水分子 ■ 結合水(bound water):氫合量低、蛋白質結合水分子 ■ protein-bound water與free water的共振頻率相差500~2500Hz ■ protein-bound water的飽和傳給free water的飽和 CSF、blood、骨髓、脂肪組織,大分子少,MT小訊號小 腦組織、肌肉,大分子多,MT大訊號大 ■ 常運用在TOF-MRA抑制腦背景組織,突顯較小的腦血管 (reduction of gray and white matter signal by 15%~40%) 42 磁量轉移(Magnetization Transfer, MT) TOF-MRA常用





無MT sat (reduction of gray and white matter signal by 15%~40%)





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- 瞭解磁振血管造影的臨床應用與優缺點

Reference:

1.MRI The Basics (3rd)



3.MRI From Picture to Proton(2nd)

- 4. Laub G, Gaa J, Drobintzky M. Magnetic resonance angiography techniques. Electromedica 1998;66:68-75.
- 5. Graves MJ. Magnetic resonance angiography. Br. J. Radiol. 1997;70: 6-28.





電腦斷層血管造影 (CTA)

磁振血管造影 (MRA)



MRA Techniques

single slab multi slab

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 MRA Techniques : TOF (time of flight) MRA(2D \ 3D) PC (phase contrast) MRA(2D \ 3D) CE (contrast enhanced) MRA(3D)

Unenhanced MRA (TOF & PC)

- Amplitude effects:
 - Blood flowing into or out of a chosen slice has a different longitudinal magnetization compared to stationary spins.
 - Depend on the duration of stay (Time-Of-Flight) in the slice.
- Phase effects:
 - Blood flowing along the direction of a magnetic field gradient changes its transverse magnetization compared to stationary spins.



- Signal loss(訊號喪失)
 1. high velocity(高速) (Washout & Inflow effect有關)
 2. turbulent flow(擾流)
 Flow Artifacts
 3. dephasing(失相)
- Signal gain(訊號獲得)
 - 1. flow-related enhancement (FRE) $TE_2=2TE_1$

- 2. even echo rephasing(偶數回音重聚相)
- diastolic pseudogating(心舒期假性觸發) 收縮期流動:快心舒期流動:慢利用cardiac gating















3D multi-slab method **Reduce saturation effects?** 用較小的偏折角(α)(固定TR下大α比小α有較多的Mz喪失) single slab ■ 用較長的TR (可以讓縱向磁量回復的較多) MOTSA (Multiple Overlapping Thin-Slab Acquisition) multi-slab (較常用) non-overlapping TONE (Tilted Optimized Non-saturating Excitation) multi-slab ■ 注射gadolinium(使T1變短) overlapping **Gradient Moment Rephase (GMR) Options to improve TOF MRA** (Flow Compensation; FC(流動補償)) ■ GMR:減少流體運動假影的一種方法 Slices or volume perpendicular to flow direction phase 2D for slow flow , 3D for fast flow position 3D multi-slab for larger vessel sections Spatial presaturation to isolate arteries and veins FC gradient Use of minimum TE reduces signal loss due to spin dephasing stationary TONE pulse or MOSTA reduces saturation effects in 3D TOF spin Magnetization transfer (MT) and fat sat improve vessel contrast mobile (reduction of gray and white matter signal by 15%~40%) spin 27




VENC Optimization



Scan time 約 6 min,時間很長

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PC MRA: 定量血流速度與方向



Magnitude image (images of blood vessels)



Phase image (direction of flow)

(影像來自於鐘孝文教授之ppt檔)

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Contras-Enhanced MRA (CE MRA)

- 避免血流訊號被飽和或血流的SNR值不夠好
- 注射 Gadolinium (Gd-DTPA)使血流的T1縮短(paramagnetic) (0.5~4.0 ml/s、0.1~0.3 ml/kg、total 20~40 ml、GFR>30 ml/min)
- 快速靜脈注射Gd被稀釋之前,快速擷取影像 (T1縮短最明顯時、使用GRE技術(T1W-SPGR))
- 掃描切面通常是 COronal,而不是與血管走向垂直 (可以在解析度增到最大的情況下,增加涵蓋範圍)
- 血流流動的失相假影像不敏感(依賴T1特性)

Contras-Enhanced MRA Contras-Enhanced MRA Mask subtraction ■ CE-MRA: elliptical-centric 和 multiphase ■ Scan time 約 20 sec ■ 等對比劑進入感興趣的動脈後再開始擷取 ■ bolus對比劑的自動監測軟體 ■ SmartPrep:通過將游標放置在感興趣動脈的上游來進行 ■ TimeBolus:進行即時掃描以決定Gd對比劑到達感興趣動脈的時間 (觀察注射2cc的Gd對比劑後動脈到達最大亮度的時間)

2D real time Tracker volume ROI

elliptical-centric:



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Contras-Enhanced MRA

CE-MRA: elliptical-centric and multiphase

multiphase:

- 注入Gd之後進行多次的擷取,其中一個必定位於動脈相
- time-resolved imaging of contrast kinetics, TRICKS



Applications areas of MRA

	2D-TOF	3D-TOF	2D-PC	Magnitude contrast	3D-PC	CE MRA
Intracranial Arteries		***			*	*
Intracranial Veins	***	*	*		**	*
Carotids	**	**				***
Peripheral vessels	**			*		***

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Introduction

- All MRI images have artifacts in some degrees.
- Why and How ?
- How to remedy the artifacts encountered in MRI.

Introduction

The Artifacts in MRI

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- -Motion artifacts
 - patient motion, physiological motion, flow
- -Inhomogeneity artifacts
 - mental artifacts, zipper artifacts, cross talk
- -Digital imaging artifacts
 - aliasing, truncation, herring-bone artifacts, halo artifacts, Gradient nonlinearities, chemical shift

Motion Artifacts

- Patient motion
 - voluntary motion, involuntary motion
- Physiological motion
 - respiration, cardiac motion, peristaltic
- Occurring in phase encoding direction

But, why are ghosts only produced in the phase-encode direction?

- Consecutive points in the frequency-encoding direction are measured close together, typically much less than 1 ms apart.
- whereas consecutive phase-encoding steps are TR ms apart.
- Motion such as respiration and blood flow occurs slowly compared with frequency encoding but much quicker than phase encoding. So between successive phase encodings, the anatomy moves and produces a ghost signal at a different PE position.

Motion Artifacts

- Solution of patient motion
 - fixed patient, repeat scan, reduce scan time, drug-assisted
- Solution of physiological motion
 - hold on breath, respiration gating, respiratory compensation, ECG gating, fast scan technology, drugassisted

• Patient motion







加saturation band

Motion Artifact(**Respiratory**)







Respiration

Breath-hold

Respiration Gating



Respiratory Compensation Respiratory-Ordered Phase Encoding, ROPE



3



Navigator



Tracking volume

Time

Motion Artifact(Cardiac pulse)

- Involuntary motion
- ECG trigger or PPU trigger are used to avoid artifacts
- *MR* compatible electrodes use carbon instead of metal to avoid causing artefact on the MR images
- Scan time is determined by the heart rate
- The TR is controlled by the R-R interval

ECG Gating







- ECG gating is a more accurate gating method
- --- peak is usually sharp and easily recognizable
- --- all the other ECG peaks can be seen too
- --- good for cardiac imaging
- Peripheral gating only detects the arterial
- Pulse peak is much broader that ECG
- Ease of preparing the patient an



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Motion Artifact(**Peristaltic motion**)

- Causes a random continuous motion of the abdominal contents
- Acquiring multiple averages can reduce the ghost appearances
- Antiperistalsis drug such as hyoscine butylbromide (Buscopan)
- Ultrafast pulse sequences
- --- HASTE
- --- single-shot FastSpin Echo (FSE)

Flow Motion Artifact

- Artifact or non artifact? There are two sides of same coin
- In-flow effect (flow related enhancement, FRE)
 - Spin echo: dark signal
 - Gradient echo: bright signal
- Velocity-induced phase effects
 - Resonant frequencies are changing continuously
 - Incorrect phase angle for their real position
 - Artifact on phase encoding direction



PDW axial image







???

t + TR

Partially saturated spins

v = 0

 $v = \frac{z}{2TR}$

 $v \ge z/\mathrm{TR}$

Unsaturated spins

Image

 \bullet

(a)

(b)

(c)



Flow compensation



Avoiding FRE Artifacts

• Spatial saturation bands, also known as REST slabs or pre-sat bands, are simply slice selections, and can be used in many ways





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7-77

???

Susceptibility artifacts

- Susceptibility artifacts in MRI occur at interfaces of differing magnetic susceptibilities, such as at tissue-air and tissue-fat interfaces (examples include paranasal sinuses, skull base, and sella)
- There are caused by inhomogeneities, susceptibility artifacts are generally worse on gradient-echo images than spin-echo images.

Inhomogeneity artifacts

Mental Artifacts

• Metals caused homogeneity change









Zipper artifact (RF)

- This artifact is one form of central artifacts
- Most of zipper artifacts result from inhomogeneities of the magnetic field caused by interferences with radio frequency from various sources.
- Software and equipment problems can also cause zipper lines in both directions

FID Artifacts

- Free induction decay (FID) artifacts occur due to overlapping of side lobes of the 180⁰ pulse with the FID before it has had a chance to completely decay. This overlapping causes a "zipper" artifact
- Along the frequency -encode direction.

Remedy

180°

180

FID

Artifact

FID

• Increase the TE (increases the separation between the FID and the 180⁰ RF pulse).

FID Artifacts

• Increase slice thickness. This in effect results from selecting a wide RF BW, which narrows the RF signal in the time domain, thus lowering chances for overlap.



Zipper artifact



RF Feedthrough Zipper Artifact

• This artifact occurs when the excitation RF pulse is not completely gated off during data acquisition and "feeds" through the receiver coil. It appears as a "zipper" stripe along the phase- encoding axis at zero frequency



RF Noise



• *RF noise is caused by unwanted external RF noise (e.g., TV channel, a radio station, a flickering fluorescent light, patient electronic monitoring equipment). It is similar to RF feedthrough except that it occurs at the specific frequency (or frequencies) of the unwanted RF pulse(s) rather than at zero frequency*

Remedy for Zipper Artifact

- Improve RF shielding.
- Remove monitoring devices if possible.
- Shut the door of the magnet room!

Cross-talk



The remedy of cross talk

- At least a 30% gap between the slices.
- *Excite alternate slices (interleaved) during the acquisition.*
- --- First sequence: odd slices 1,3,5,7, ...
- --- Next sequence: even slices 2,4,6,8,



Multi-stack artifact



Digital imaging artifacts

Aliasing Artifacts

- Aliasing artifacts, also called wrap-around artifacts
- Arises whenever the anatomy bigger than field of view (FOV)

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Aliasing Artifacts







Anti-aliasing along the phase axis

- Surface coil
- Increase FOV
- Over samples along the phase encoding axis.
- --- To increasing the number of the phase encoding, the scan time has be prolonged. So, the motion artifact may be more apparent.
- Saturation pulse





Herring-bone artifact

- A regular series of high- and low-intensity stripes extending right across the image
- It is caused by *spike noise* in the raw data, whose Fourier transform is then convolved with all the image information

Herring-bone artifact







Halo artifact

- A halo effect can be produced if the receiver gains are incorrectly set.
- When this happens the signal is too large for the range of the digitizer and information in the center of kspace is lost
- It is a rare artifact with modern automatic pre-scan systems, and is more likely to occur when receiver gains are manually set

Halo artifact



Gradient nonlinearities



Nonlinearities in the gradient cause distortion in the image. For instance, a circle may appear elliptical.

Gradient nonlinearities

- The effect of nonlinearities is to distort the image, tending to compress the image information at the edges of the FOV.
- Many systems apply a correction to the images to stretch out the pixels, and on rectangular FOV a curved edge can be seen
- This is quite normal and also unavoidable; if necessary the area should be re-imaged using a smaller FOV.

Gradient nonlinearities



Chemical shift artifact

- Caused by the different chemical environment of fat and water.
- The precessional frequency of fat < water (depend on the main magnetic field strength) ex. At 1.5T the different of precessional frequency is 220 Hz;at 1.0T is 147 Hz.But at lower field strength

(o.5T or less), it is usually insignificant.

Chemical shift



chemical shift artifact

• For example :

The frequency mapped across the FOV is 32000 Hz;256 frequency samples are selected, each pixel has an individual frequency range of 125Hz (32000/256Hz). At 1.5T, fat and water existing adjacent has a shift about 1.76 pixel which called <u>chemical shift</u> chemical shift artifact

- It depend on the size of FOV as this determines the size of each pixel.
- Causes a dark edge at the interface between fat and water.
- It occurs along the frequency encoding axis only.



The remedy of chemical shift artifact

- Using fat suppression.
- Scanning at lower filed strengths.
- Increase bandwidth (trade-off: lowers SNR)
- Switch phase and frequency directions.
- Use a long TE (causes more dephasing and less signal from fat).

Chemical misregistration Chemical Shift of the "Second Kind"

- Also produced as a result of the precessional frequency different between fat and water.
- Caused because fat and water are in phase at certain times and out of phase at others.



The remedy of Chemical misregistration

- Use a spin echo sequence to reduce the artifact.
- Select a TE generates an echo when fat and water are in phase. (at 1.5T the TE is a multiple of 4.2ms)

• When fat & water are in phase:

• When fat & water are out phase:

Which called ---- Chemical misregistration

• Cause a ring of dark signal around certain organs where fat and water interfaces occur within the same voxel.

Chemical shift for in-out phase





FIELD STRENGTI	H In	Out	In	Out	In	Out	In	
0.5 T	0	6.8 ms	13.6 ms	20.4 ms	27.2 ms	34 ms	40.8 ms	
1.0 T	0	3.4 ms	6.8 ms	10.2 ms	13.6 ms	17 ms	20.4 ms	
1.5 T	0	2.2 ms	4.4 ms	6.8 ms	9 ms	11.2 ms	13.4 ms	
3.0 T	0	1.1 ms	2.2 ms	3.4 ms	4.5 ms	5.6 ms	6.7 ms	

???



Truncation artifact

- Caused by under sampling of data so that interfaces of high and low signal are incorrectly represented on the image.
- Occurs in the phase direction only.
- *Produces a low intensity band running through a high intensity area.*





- Also called:
 - Gibbs artefact
 - Ringing
 - Spectral leakage
- Predominant in case of
 - low matrix
 - scan percentage << 100%



The remedy of truncation artifact

- Increase sampling time (BW)
- Decrease pixel size:
- ---The under sampling of data must be avoided.
- ---Decreasing the FOV

Gibbs' artifact(truncation artifacts)



External Magnetic Field Artifacts

- Artifacts related to B0 are usually caused by magnetic inhomogeneities.
- These nonuniformities are usually due to improper shimming, environmental factors, or the far extremes of newer short bore magnets.
- This can lead to image distortion
- They can be reduced in SE and FSE imaging by using 180^o refocusing pulses.
- They can be a source of image inhomogeneity when a fat suppression technique is used











感謝您的聆聽·再會!!

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